

OR EVIL 3 SANTA: GOOD

COLLEGE PRESSURES

12 GIRLS BASKET-BALL PREVIEW

WEST SPRINGFIELD SCHOOL 6100 ROLLING ROAD SPRINGFIELD VIRGINIA

while school Squirred tries power dies

By Abby Curran



Senior English to 1st-period class the dark during r

yed a part in the decision to not chool. Smith called Area aperintendent Don Sheldon

described the situation to him; Sh instructed Smith to keep WS ope As the outage continued, became a problem. Since the callacked power, food service we arranged to have Edison High S

By Gracy Obuchowicz
News Editor

in didn't really affect to son and Lake Braddock



Dr.Smith meets with a student in his office. He frequently greets WS students and faculty members around the school with handshakes and friendly greetings.

Smith celebrates two years at WS

By Mike Waldron

Sports Editor

When Dr. David Smith arrived at WS two years ago, he knew that it would be difficult to replace former principal Glynn Bates. But since then Smith's leadership abilities have led to a smooth transition for himself, the staff, and the students.

"Leadership is about trying to help people become more

than they currently are," Smith.

Apparently those working for Smith approve of his management skills. In a survey conducted by the Fairfax County Federation of Teachers last spring, he received a higher staff approval rating than any other high school principal in the county. The WS principal lets his staff "know that he See SMITH Page 4

eterans say adios

Natale takes new post; Shearin retires

By Caitlyn Kelleher

Goodbyes are always hard.
English teacher John Natale
and Spanish teacher Ginny
Shearin will both be leaving
WS for new experiences.
Natale has received the job of
Consulting Teacher in the
Teacher Performance
Evaluation Program (TPEP).
Natale will be leaving his
position as English Department
Chair and two Creative Writing
classes and two English 10
classes.

"I will leave all lesson plans and handouts for the teacher," said Natale. "I'll leave my Hall of Fame to continue but I will come back to pick up the

TPEP would have liked to him to join their program immediately but they have

February 5.

"It's going to be lousy not having him for the rest of the year. I don't think that there is any other teacher as creative and talented as he is," said junior Carrie Lopez.

The job is "a chance to try

The job is "a chance to try something new but still work in education and possibly work with other teachers the way I work with students," said

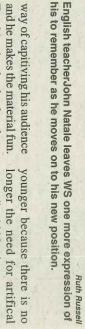
teacher Brain Puhlick, ESL teacher Kathleen Lynch, and LD teacher Chip Deliee.
"Mr. Natale made learning fun," said Puhlick."He has a made some strong attachments.
He is now co-worker to three
students that he has taught: PE
teacher Brain Puhlick, ESL After teaching for the last 15 years here at WS, Natale has

allowed Natale to leave WS at the end of the first semester on

way of capitiving his audience and he makes the material fun. Teaching is what he does best. I hate to see him go."

Natale belives that, in his years, not only has his favorite color changed from blue to green but so has his teaching style.

"I believe that I'm closer to students now than when I was



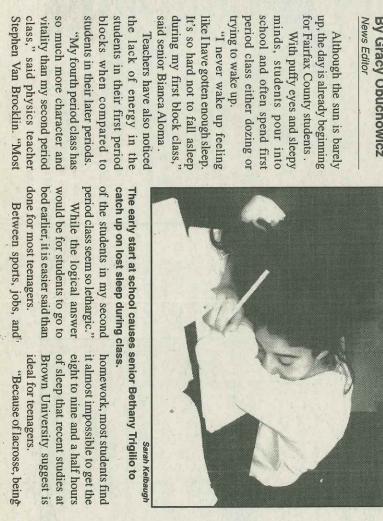
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younger because there is no longer the need for artifical space," said Natale.

Shearin, who retired on December 1, has been subbing for herself until a permanent replacement is found. She has taught for a total of thirty years, 18 of them in Fairfax County.

"It's a mind job and huma See VETERANS Page

Fairtax awakens 5 1dea 2 later Start



involved in school activities, and all the homework I have this year, midnight has become my new bedtime," said junior Julie Mullen. "I would love to get extra sleep, but I don't know how to fit it in."

Even students who make time to go to bed earlier may find their attempts to be futile.

Studies of teenage sleep habits suggest that teenager's bodies receive the sleep-inducing hormone melatonin about an hour later than younger adolescents. This causes them to stay up later at night and need extra hours of sleen in the morning

sleep in the morning.

Recently the early start times of Fairfax County high schools were brought into question. Ideas

ntary and high school
See SLEEP Page 5 reversing

senior Bethany Trigilio to

The early start at school causes senio catch up on lost sleep during class.

of the students in my second period class seem so lethargic." it alm While the logical answer eight would be for students to go to bed earlier, it is easier said than done for most teenagers.

Between sports, jobs, and' "1

homework, most students find it almost impossible to get the eight to nine and a half hours of sleep that recent studies at Brown University suggest is ideal for teenagers.

"Because of lacrosse, being"

Few understand county guidelines

ary guidelines must have been a little confused. When each offense is looked at by itself, the punishments seem appropriate, but when the entire green "Discipline Guidelines" sheet is reviewed as a whole, it doesn't seem to make much sense. The person who wrote WS's disciplinguidelines must have been a little con-

For example, considert the punishment for forgery. If you're caught forging a parent or teacher's signature, the punishment is usually Saturday school. Or look at a winter day, the first snowfall of the year. In your excitement, you playfully hurl a snowball at one of your good friends, or even at an unsuspecting stranger. The punishment. The same as forging a signature.

Does this really make sense?
Now go to the yellow "student rights and responsibilities" handbook. The handbook is full of broad Editorial

general statements
like "possessing,
smoking, or using tobacco products in
school buildings, on
school grounds, or on
school buses or violating regulations governing consumption of beverages on school h
property" is a violation of school conduct,
What kind of drinks? Sodas? Alcohol? in
Could someone get the same punishment

for walking down the hall with an open soda as someone smoking on a school bus? Not according to Dr. Bart Kramer, who agreed that the statement should have been

broken up into two sections, and that the rule

was mostly aimed at school buses. Every year the Student Rights and Responsibilities handbook is revised to make it more understandable; the biggest change this year involved the possession of drugs.

This handbook is given out to all

Fairfax County students in grades four through twelve. If the statements are so unclear to high school students, how will fourth graders understand them?

If the handbook were written in a clearer manner, the rules would be easier to understand and follow. Instead of just giving students a copy of the regulations, they should also receive a handbook that explains each rule more clearly, along with

each school's interpretations of that rule. If these rules are explained correctly, maybe future students will know the difference between throwing a snowball with the intent to kill, and just joking around with friends.



For many frantic people, Christmas shopping starts the day after Thanksgiving. This is when all of the malls start getting very crowded with holiday shoppers.

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WESTSPRINGFIELD HIGHSCHOOL

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Shop 'til you drop

always grossly overrated Heinous holiday hype

By LaMont Mitchel News Editor

For those who didn't know, the holidays are alteready upon us. The people behind have two options: start catching up now, or wait the long three months until next year's holiday season hype begins.

Though its unofficial beginnings are much earlier, the holiday shopping season officially begins the weekend after Thanksgiving. This is the biggest shopping weekend of the year, and with good reason. With Christmas looming, it's the last opportunity people have to guiltlessly buy things for themselves. Eventually, the fun really begins as shoppers begin the process of purchasing presents for others.

Holiday gift-giving is often rewarding but, at other times, can prove tedious, due mainly to the absurd tradition that prohibits the person the gift is being bought for from being present to help the buyer select and/or pay for it

lect and/or pay for it

There are also other pitfalls to holiday shopping, like the relative everybody has who always requests, instead of a gift, simply for everyone to be happy. As most people have learned, though, it's much easier to be happy when not faced with imminent physical injury—the likely result of neglecting to buy the aforementioned relative a gift.

These and other factors help contribute to a sort of madness that takes hold during the holidays, involving large mobile masses of people neglecting manners and sensibility as they rush around madly in search of the right presents. The problem, however, is grossly overrated. In fact, more people are killed annually in automobile crashes than in holiday department store stampedes. There is virtually nothing to worry about.

Even so, most organizations feel the need to hype the holiday season extensively, which has now been stores try to wait at least until after Halloween, pinpointed as beginning sometime after Easter. It's never too early for the first Christmas sale. Most

in the face of emergencies—such as the catastrophe of El Nino-exceptions can be and often are made. So is the holiday season overhyped? Should everyone stop making such a big deal of it? Maybe, but in today's era of political correctness and forced parity, there's a better solution. Instead of hyping holidays like Christmas less, we should just hype the

That means Arbor Day parades, week-long Earth Day vacations, and ornamental Flag Day trees for everyone. So let all of the country work itself into a fit over the holiday season. My Groundhog's Day cards will already be in the mail

Students against S.

A small club many don't care SOOLE



My mother always tells me how lucky I am to live where I do. She tells me that I have so many things available to me that she never had. But like most teenagers tend to do, I smile at her like I am listening and then go back to whatever I might have doing. However, despite the fact that I hate to admit she's right, she is.

WS is full of things that students that can involve themselves with. One of the things is the wide assortment of clubs to choose from. Of those clubs, the one I picked to devote my time to is the Students Against Drunk Driving Club (SADD). At some schools, SADD is known as Students Against Destructive Decisions, but the aim of the club remains the same: to help make students aware of how their decisions affect not only themselves, but everyone around them.



Ellen May Laura Stremienski ties an awareness ribbon onto a car for SADD.

since I was a fresh-man, I never really knew what they did and didn't become involved until my jun-Even though I had heard about SADD

ior year.

The past two sumreski ties an awareness

mers I volunteered at
car for SADD.

It called the Washington Regional Alcohol Program (WRAP). I was originally volunteering for
them because I needed points for NHS, but now I do
it because I love it. Through WRAP, I discovered all
the things that SADD does.

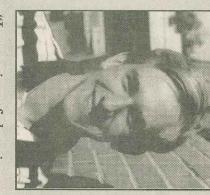
Despite what -

Despite what a great thing SADD is, there is one problem with the club. It's small. There are only about 10 people total. This tells me one of two things. Either there are a lot of people who don't know much about the club, or there are a lot of students at WS who like to drink and drive and don't want to be hypo-

What is the weirdest gift you have ever received for Christmas?



"My aunt gave me two barbies last year." Michelle DiFillipo, sophomore



"I got a jar of cherries from my ex-girlfriend."
Tommy Furman, junior



Letitia Silverberg, Spanish teacher tween three families. "A really old ugly bro-ken fat candle that was passed every year be-



money." Ben White, senior "Anything besides money"

ianta (laus is comm

wraps communism A jolly old fellow gift-

By JJ Swick Oracle Editor

I don't know about you, but I find fat, jolly old men very amusing.

The reindeer are cool, and I like getting the presents, but it has to be Santa's looks that are most entertaining. If Santa looked like Woody Allen I don't think his myth would still

paradise. If we elected Santa's elves to congress, I think my government class would be much more appealing. Elf congressmen would be the only thing better than Jesse "the Governor' Ventura."

Even though Santa and his goofy little elves are always a good laugh, I've always had a few questions about his behavior. I also like Santa's elves. They're even goofier than The big man himself. Little people vays make me laugh. Maybe that's why the Land of Oz always seemed like a vacation

First of all, is Santa a communist? He just may be. What's up with the red? And why is he working those funny little elves so hard? He also seems real interested in making sure all kids get presents—whether they deserve it or not. I've also noticed a similarity in the looks of Santa and Castro. Maybe Santa migrates south for the winter. Maybe he does it for the cigars, or perhaps he does just to get as far away from Canada as possible. Either way, it's a strong possibility Santa and Castro are the same person. After careful consideration, I finally understand the "Seinfeld" episode where Santa was distributing

communist paraphernalia.

And when Santa is not disguising himself as Castro, he seems to be everywhere. I see him collecting money for the Salvation Army all the time. Is it possible that the term "Salvation Army" is just a code name for Santa's regime? Is he using the donations to fund his Communist machine. And why is he always asking what little kids want for Christmas. He may be just attempting to get feedback in order to more easily assimilate

I'll stop now before I take the risk of sounding like a psycho (too late). All I know is that Santa and his elves are pretty goofy (even more than Woody Allen).

Whether or not he is planning a communist overthrow of our government, Santa seems like an all right guy. I'll like anyone who gives me presents—even if it is Castro.



Most stores are usually decorated with festive holiday decorations.



Santa icon makes children happy at a local mail. Santa icons invade malls

By Stacy Eichhorn

Once upon a time we all believed in Santa Claus. Once upon a time we all had that beloved innocence that is ordained only to the young. And once upon a time we all woke up one day and realized with utmost sadness that "Santa" is actually a pseudonym for mom or dad.

I miss Santa, I really do. I miss that restless sleep on Christmas Eve and that bright and early rising to see the jumble of presents carelessly strewn under the tree. However, along with the knowledge of who Santa really is, comes a great responsibility. It is our job as the "informed" to keep the innocent "uninformed." It's our job as human beings, as siblings, and as consumers.

In my house we have a tradition, no Christmas decorations go up, no Christmas music gets played, and certainly the tree doesn't even get talked about until after Thanksgiving Day. More specifically, until after the Macy's Day Parade has finished and Santa has tread down the streets of New York saying "ho ho ho" and rings in the new holiday season.

Why is it the malls and stores can't adhere to the same principal?

I don't know about everyone, but I hate walking around a mall in October and seeing Christmas decorations up right after Halloween. Mistletoe and Halloween?

I don't sepreciate the combination.

So perhaps this isn't Santa's fault. Maybe the elves don't see what's going on. But I look around and see all the decorations and think "well isn't everyone trying to make a buck." Honestly, how can parents tell their kids that Santa is every guy

on the sidewalk ringing a bell for money?

Not that I don't appreciate those men in suits. The money they collect goes to help those in need and I give them money every time I see them. But I also hear the glib responses of mothers and fathers telling their eight-year-olds why Santa needs money. Would you believe I actually heard one say "he has to have money to buy

the presents for the children this year?"

To be sure Santa is a harmless thing. I adore how children have such blind faith. Their innocence, optimism and trust is admirable, perhaps adults would be better people if they contained that kind of optimism. Instead they corrupt it by commercializing it, advertising his charms on television months in advance trying to increase their profit margins. Is nothing sacred?

ollege pressures ause stress for local students

By Meredith Caudle ETC. Editor

Tech or UVA, in state or out of state, SATs three times or four times, and if I don't get in, NOVA

the pressure of applying to college. But students elsewhere don't seem as preoccupied with deciding their college careers as

All schools encourage students to be successful. In Fairfax County, however, there is a "big push that everyone must go to college or you'll be nothing," said senior Kristin Fuller. "We are told from when we are little that we must go to

four-year graduation. In 1996, 72 percent of the graduates county-wide went to a four-year college after graduation. In Virginia, 48 percent went on to a four-year In 1996,

Fairfax County pushes you so hard is because if you plan to live in this area you need to go to college so you can get a job earning enough money, because everything is so expensive here," said senior Nisheeda Hancock, who moved to the area from "I think one of the reasons rfax County pushes you so

Fairfax is the sixth-largest school system in the country and is known for providing one of the best educations.

Local high schools offer a

wide array Placement a Talented class higher learning. Many take advantage o of and of d classe of Advanced I Gifted and to encourage students

opportunities In 1996,

Fairfax took at least one AP exam. Seventy four percent of those scored a three or higher on one of the exams.

"I have friends in Maine and they only have one AP class in their school, AP Calculus, and they just got it for the first time this year," said Fuller.

With students taking

With students taking advanced classes, the standards gradually rise, and as the standards rise in high schools, the standards for getting into a state school also go up.

With a more demanding grading scale and higher standards, students in Fairfax County are often faced with a tougher time getting accepted to certain state schools.

The University of Virginia and William and Mary are two such state schools with low acceptance

"The University of Virginia doesn't have a set number of Northern Virginia kids they can accept," said Guidance Counselor Nancy Wright. "People with the credentials usually get in; it's parents whose kids don't get in that start saying they only accept a certain number" said Weight. ly accept : said Wright.



advised to apply to severa schools. They use terms t describe each school such a "reach school" (meaning it i hard to get into) and "safet school" (an easy bet).

meaning it is and "safety

Junior Kevin James spends time in the Career Center looking up college information. Some juniors like getting ahead in the college search.

In the WS class of 1998, 72 SAT's multiple times, have of Virginia, and 34 were accepted.

It was standards are considered a higher than most state universities.

"It's not fair that if someone in Virginia wants to go to UVA they probably won't get in unless they are one of those people with over a 4.0," said McLean senior ia Tina Jung. "Our pareints' tax money helps pay for it. We should be able to go there."

Competition for college acceptance causes students here to go to great lengths to assure a spot in a prestigious college. Fairfax County students, in encouraged by parents and guidance counselors to take the Megan Stegall of Forest Hills search.

Elen mayonas the college search.

AT's multiple times, have consistently scored higher than students in other counties and in the nation on SATs.

The average math score from Fairfax County in 1998 was 555, con the nation of SATs.

While the state average is 499, and the nation 507. unit was students tend to take it multiple times," said Wright.

Competition for college students here to go to great lengths to assure a spot in a prestigious college.

In other parents of the country, parents and guidance counselors to take the Megan Stegall of Forest Hills search.

get into certain schools."
"I'm applying to a couple out of state, some in state, and my safety school is going to be Radford," said senior Jennifer "Most of our students apply to five schools," said Wright. "We encourage a variety of schools. The student needs to be realistic and realize they may not

Hancock says she's applying to three colleges because "it's hard to tell if you're going to get in or not when they can only accept a certain number of people from Northern Virginia."

WS does its part to feed the college frenzy. Freshmen receive a timetable of where they should be in the college process, and counselors

enderplacement to take PSATE and

counselors want you to spend so much time deciding where to go to college that you barely have enough time to finish high school." counselors encourage underclassmen to take PSATs and begin financial aid planning.

"Our school tries so hard to get everyone thinking about college early and it puts so much pressure on everyone," said senior KD Zuk. "Parents and

Forensics attracts record numbers

By Shannon Banks News Editor

The next time you see a bunch of students arguing, it may be wise to look twice.

The WS forensics team, which encompasses speech, debate, and a student congress, is off to a fast-paced start. Over 80

2nd place

newcomers came to the initial interest meeting on November 5.

"I have good feelings about the team," said coach and WS English teacher Mike Greiner.

"This year is a year to develop and improve."

Greiner brings a great deal of experience to the forensics team. He was the Lake Braddock forensics coach for seven years, and under his coaching, the team collected an impressive quantity

of awards.

The team won state debate titles in 1992, '94, and '97. They produced the national runner-up

Junior Chris Plehal practices his debate skills at a Forensics meeting.
This team allows students to improve their public speaking skills.

in debate in 1995. In the last two years, the Lake Braddock forensics team saw an 8th place finish in the national student congress competition. As for speech, Greiner coached the 3rd

With this decorated past, Greiner is optimistic about WS's

"WS students seem more organized," said Greiner, in comparing the two schools.

Although having a winning coach certainly does not hurt, it's impossible to have a team

without members.

Students join the forensics team for a variety of reasons. It could be speculated that perhaps, at least as far as debate goes, students are searching for a constructive alternative to yelling and arguing with friends.

senior Eric Eichhorn. "I way to release "It's a great e verbal

second greatestrea second greatestrea is second greatestrea is second greatestrea is public speaking. Therefore, it would make sense that people try to get over this fear by confronting it. Joining the confronting it an excellent way to do this. Studies there

"I think it's really important that people become comfortable with speaking, since people fear speaking more than death," said junior Mary Beth Brookshire, who is captain of the forensics

their first competition, helps students do that. The team, which meets on Wednesdays and Thursdays and had 15 members in attendance at

smith approval rating Soars

From SMITH Page 1 generally cares about then Sally Feldner. "He respe s about them, "said Smith's secretary
"He respects them as professional

ucators.

In the last two years, four teachers who had eviously worked for Smith became employees

at WS.

"After having worked with Dr. Smith at Glasgow Intermediate, I gained an appreciation for his management style and I knew I could work for him," said math teacher Mike Sponable. "It made the transition to high school that much ""

easier."

One aspect of Smith's style that appeals to teachers is his respect for privacy. When possible, he grants the staff freedom to make decisions without his approval.

Smith uses this approach when dealing with students as well. Instead of ordering teenagers around, Smith says that he tries to understand them

not just in school, but also with his support of

after school activities.

"I like the opportunity to see [students] do things other than what [they] do in the classroom," said Smith, who attends sporting events and other after school activities with regularity.

By showing his support, the WS principal is able to improve his relationship with the student body. Smith's cool demeanor makes him seem approachable to students.

"I think students feel comfortable around Dr. Smith because he is able to talk to them on their level," said sophomore Laura Johnston. "He doesn't act superior to students at all."

With his sociable attitude, Smith's company is enjoyed by WS students. But this feeling is not one dimensional according to Smith, who is in his 25th year in education.

"I have always liked working with young



Dr. David Smith supervises students in the hallwayd during his luduty. This year marks Smith's second anniversary as WS principal

eer Mediators p solve student

By Gracy Obuchowicz
News Editor

Fighting happens.

Whether it's between friends or enemies, fighting has always been and always will be a part of high school life.

While some people prefer to ignore this high school reality, the WS Student Peer Mediation Program concentrates on finding callm ways to help students solve

their conflicts.

"We don't give students a solution to their problems," said Peer Mediation president junior Allison Bourget. "We just help them to find a workable compromise that they both can agree to."

Although the peer mediation program is in its fifth year, it is yielding far fewer mediations than other Fairfax County

This year the Peer Mediation Program has made it a priority to publicize its virtually unknown program to the student

body.
"Other schools have between 100 and



Junior and Peer Mediation President Allison Bourget hands papers to junio Jackie Switzer regarding the peer mediation process.

150 peer mediations a year, while last year West Springfield had only five," said cosponsor and WS counselor Janis Johnson. "This year we decided that something had to be changed. We've

worked hard on trying to make ourselves more known."

The 25 peer mediators have made themselves known by placing Peer Mediation referral forms in English

"Peer mediation is a safe and confidential way to work out conflicts," said Johnson. "It's really effective because it gives an objective person to help students solve their problems."

update

at the State Board of Elections

ote in Virginia

g vote

bout after a six-month nent which started in May racted up to 1,800 bike



later

start times forward anywhere from 20 minutes to two hours have been proposed, but none have been approved.

Problems with bus transportation, the county budget, and extra-curricular activities have posed as the major obstacles

in adopting a program.

A proposed start time of 9 a.m. for high schools and 8 a.m. for elementary schools is expected to cost the county \$31 million, not counting personal expenses.

At a recent meeting, the Fairfax County School Board decided to survey parents in order to determine if there would be a widespread support for later opening times. The board members think that without the support of parents, no plan-would work. "We can do this-we can change the time schools open, we can address the facilities and bus and sports issues-but there are other issues that parents have a right to weigh in on," said board member Gary A. Reese. "In my mind the survey will ask, "What do you all want to do?"

The Fairfax County Area One Student Advisory Council (SAC) reviewed this



Studies show that teenagers should get at least eight hours of sleep a night. Because of the early school start time, junior Amanda Purvis tries to make up these hours by sleeping in class.

School Board.
The propo subject in depth last spring. Forming a committee of student delegates from around Area One, SAC presented a proposal to the

The proposal cited both sides of the argument in their report, but its findings favored implementing a later start time for

homework.

"If we didn't get out of school until four o'clock then it would be so late before I got home from swim team practice. By the time high schoolers.

Even if a new start time is accepted, junior Erick Rawlings thinks that it would conflict with his extra-curricular activities and

I got done with all of my homework I would be going to bed later than I do now and getting the same amount of sleep," said Rawlings.

But later high school opening times are not impossible to implement. In Edina, Minnesota the school officials have changed the start of school from 7:20 a.m. to 8:30 a.m. They have been pleased with the rise in grades and the decrease in discipline problems.

Montgomery County has decided to begin a program next fall where students can choose between start times of 7:25 a.m. and 9:15 a.m. This system gives students who have after school activities the opportunity to continue with the regular start time.

farewell veteran WS bids

teachers

interaction," said Shearin. "I've always liked the motto of WS to make the best better and I hope it will always be the motto."

This year Shearin is teaching Spanish 1 and 2 as well as Susan Fernnaniez who is student teaching. "She's been a vital member of the department and she'll be missed," said Spanish teacher Rarbara Rarand

focusing on first finding a replacement for Shearin and then for Natale. He is hoping to fill both positions before or soon after winter Barbara Brand.
Principal David of focusing on first fi Smith is finding a

Both Shearin and Natale found it hard to leave in the middle of the school year but it was when it was best for them to do it.

"What should have been an easy decision to accept a very interesting position was actually the most difficult decision I've ever had to make because of the teachers and mostly the students I will leave behind," said Natale. "Big Brother will miss you, but will keep watching."

parenthood and leens struggle to balance school

By Christine Johnson Photo Editor

Awakened by the sound of a screaming baby, you stumble through the dark to comfort it.

You don't remember the backpains, morning sickness, or painful labor that most mothers the morning, and you're out of bed trying to quiet her screams before your brother awakens and experience when giving birth. Nevertheless it's three o'clock in

he is screaming at you.
She's not crying because she's hungry or because she needs a new diaper, this baby isn't a real

A doll programed to cry at random points during the day, Baby Think it Over, is a part of the curriculum for the child

development class at WS. It was designed by Rick and Mary Jurmain to provide an experience for young adults which simulates the experience of parenting a

young infant.

The doll was brought to WS four years ago and students are required to care for it for 24 hours.

The doll is approximately seven pounds, 21 inches and comes in six different nationalities. Its demands are unpredictable and they must be met quickly, using

a great deal of time and attention.

A small box in the back of the doll is programmed to cry randomly every few hours or when handled incorrectly. When the doll cries, a special probe attached to the parent's wrist must be inserted into the baby's back until it stops crying. For the time

the parents have the baby, the bracelet holding the probe on it cannot be removed from their wrist to make sure that only they

attended to promptly when it's crying, then the computer in the box records the treatment through blinking lights as either abuse or an care for the baby.

If the doll is mistreated or isn't

sophomore Tina Peterson. "You have to be stable and prepared, because you dont't get any sleep and don't have time for school." supposed to

neglect.
This year, students caring for the dolls are required to carry diaper bags along with the car seats that were carried in the past.
"It makes you realize how much you have to go through if you do have a child," said

m a k e students t h i n k about the decisions involved

in having a child. It

in being ц

for high Sopnomers of the school caring for her baby true students to juggle school, jobs, and their social life while caring for a baby.

"It scares you," said parent and how hard it is

the m realize make many

Christine Johnso Sophomore De-De Hall tends to her school work while caring for her baby from her child development class.

sophomore Julie Guilmain. "It made me not want to have a baby until I know I'm ready."



By Meredith McClure Sports Editor

and multiple phone lines, the teenager that once grabbed the phone and talked for hours, now races to log on and start chatting.

This vast expansion of In a time where each usehold has a computer

teenager is compliments of America Online and other instant-message services. communication for the

Instant messaging is equivalent to a phone call, whereas instead of talking two people communicate in real time by typing back

The most popular feature of the software is the personal Buddy List window box. The Buddy List includes online names

on your list goes online. It is this convenient feature which draws most of the people you want to exchange instant messages with and also notifies you when one of those people on your list goes online. It teenagers to instant messaging and keeps them hooked.

might as well talk to them.'
The service allows a person to talk to a lot of me because you don't have to do anything," said freshman Tejas Singh instant messaging is good for lazy people like "You're already logged and then you see yo Singh

person to talk to a lot of different people at the same time by creating a different screen for each conversation.
"The cool part about

instead of just talking to one person on the phone, I can talk to a lot of my instant messaging instead of just tall friends at the same time," said sophomore Tom

Fredericks.

Instant messaging is offered free of charge to any user with Internet

Many

Many

Many connections. Many students take advantage of this free service to talk to friends in other states, or those attending colleges without having to pay expensive long distance phone bills.

"I keep track of all my friends at college and people I've met from different states through instant massaging," said senior Jayme Kaniewski. "The price is right and it's convenient."



infor Erica Kirsch, a Sympos er, works to meet the Dec

strives iterar to reach magazi

By Caitlin Marvin

to not just poetry, but also accoustic music and

students' creative y art magazine. le meet ev The with it's tion of WS' drawings, black an including Symposium encourages all students to submit any

. It accepts ys, short

design," said sophomore
Bridget Mahoney.
After the deadline for Wednesday after school to work on the layout and design," said sophomore

staff will choose and start placing the work. On December 10, the staff held a coffee house money for the magazine's costly production. Organized by the staff and their sponsor, English teacher Tricia Kettler, the event invited students to in Spartan Hall to raise best pieces for display in the magazine.
"We have the students

read their own poetry and published poetry, or just to come and listen. They made over \$150 and another reading is being planned for February. The next reading will be open can do rather than who they are," said senior Phil Turbe.
Whether under a true submit their work with no names on it so that it is truly a matter of what the person

name or a pen name, the result is still the same.
"The Symposium shows off what the school can do as a whole," says junior Elaine Giuliani "ar-1"

The staff works entirely xtracumeular activity that equires strong dedication

but it takes the exact same effort to put of "We may not get as

and and

Symposium out as it does any other student run publication," says junior Gianina Ferraiuolo. "And The awar Gianina Ferraiuolo. "Ar I think we're all doing

designs,

an anonymous basis.
e staff then selects the
t pieces for display in proves just how professional a job the staff does. They won a 1998 VHSL First Place award, and the 1997 staff won the VHSL Trophy Class Award as well as a Gold Medal from the Columbia Scholastic Press recognition that the Symposium receives

"We're just going to continue working hard," said senior editor Judy Serlin, "and try to produce



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nngs anned food Ha olunde drive

By Meredith Caudle

veggies, and Junior German exchange student Christoph Hener's oversized cans of sauerkraut helped the SGA boost Seniors Joanna and Meg Beiter's 68 cans of fruits and

classes participated
The 5th-period journalism class netted about 800 cans in the donations in its annual canned-food drive, although fewer than half of the school's fifth-period

November drive, enough to earn the students a pizza party, courtesy of the SGA. Only 20 out

of 50 fifth-period classes contributed to the effort.

During the week-long drive, students brought in canned food to their fifth-period classes. At the end of the week SGA officers collected the cans and donated them to a local charitable

organization.

While her students are happy about the pizza, teacher Brooke Nelson said she encouraged them to participate because "so many people are hungry.

option of donating cans instead of taking a 20-point style manual For the second year in a row Nelson gave her 38 students the

quiz. Only four of Nelson's students chose to take the quiz.

"We never actually count the cans," said SGA sponsor Jen Owens. "We just look and see which class appears to have the most, but Mrs. Nelson's class had

students in journalism 2, 3 and 4 who produce *The Oracle*, brought in enough cans to cover two tables and the floor at the front of a room full of cans."

By the end of the week the class, which is home to the

the classroom.

Last year, Sharon Caldwell's freshman PE class won the party.

Caldwell, who let students donate



SGA officers Lauren Cullumber, Kevin May and Rosco Newsom cart proceeds from the food drive during the collection.

instead of running laps, does not teach a fifth period this year.

Nelson "strongly encouraged" her students to get involved.

"They learn something." she said.

Owens, too, said she believes that the drive teaches students "a life lesson. Most kids in this school are not in need and never will be." The SGA held another

drive before the winter holiday.
Some, reflecting on apparent student apathy, thought WS could

do more.
"I think it's really selfish that people couldn't even bring in one can," said junior Jen Coratolo.
"We would be helping so many more people if everyone

rofiles

JOHN BYRNS

By Myles Curran Special to the Oracle

Freshmen don't always start at the bottom, and freshman John Byrns provides

to register for the course last spring with the permission of former drama director Sandra Welch. This fall, new drama director Mary Jo Levesque upheld Welch's freshman ever to audition directly into Design and Production. He was allowed This year, Byrns became the first WS

former drama teacher Mrs. Welch after Irving's drama teacher Mrs. O'Brien sent her a letter of recommendation," said Byms. "Then Mrs. Welch left so I had to go to all this hassle to see if I was still in the class, but luckily I was." "Originally I had an interview with mer drama teacher Mrs. Welch after

The twist to Bym's situation is that he never actually took theater arts classes

during his two years at Irving, although he did work on the school's plays as an extra-curricular activity. Byrns thinks this is what makes his present achievement

"I'm not really interested in the acting part of theater," said Byrns. "So I decided to try to get in Design and Production, because I would have felt uncomfortable in theater arts."

When Byrns made the decision to enter the theater arts department, he did not anticipate enrolling in the class that he is currently

"I thought I would

my first year."

One might think that being the youngest Production during Design lup being gnand

student in a class would expose a person to much

teasing and unfair treatment. In contrast, Byms feels comfortable in the class and even earned the impressive position of co-sound head during the recent Fall Play Festival.

"I thought I would be abused a little, but Mrs. Levesque made a huge deal about me being the first freshman, so nobody does anything to me," said Byms. "I've actually made some friends in the class they really really reaches they really really recently the contracts."

class, they're all really, really nice to me."

Now that the thrill of his position has worn off, Byrns faces the decision of whether he wants to continue on with higher level Design and Production

"I really like this class; it's so much fun," said Byms. "Some of the people say I'll probably take the class all of my four years at WS. I don't really know how long I'll continue, but for right now I'll stick with it."

CASEY HENESSEY

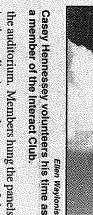
By Jenny Braudaway Features Assistant

Sure, it looks good on college applications, but there are better reasons to do community service. In fact, junior Casey Hennessey doesn't even mention the phrase college applications when talking about his frequent and continual involvement in the

alcohol, and serving the my community," said Hennessey. "I like working with little kids. I think little kids are cool." Hennessey to the belongs to the Interact Club, a group that deals with drugs. "It's fun. I want to be more involved in

"[We] go to shools and talk to little kids about drugs," said Hennessey. "[We] go to nursing homes and talk to the old people. Because none of their families go and see them that often, we just go and hang out with them."

Last year the Interact Club helped out with the AIDS quilt that was displayed in



the auditorium. Members hung the panels in the auditorium and gave tours of the

quilt; Hennessey was a speaker there.
Other acts of service Hennessey has performed include helping kids through a community baseball game and dressing up as the Easter Bunny for a nursing

An old lady fell in love with me too," Hennessey. "She thought I was the

most beautiful Easter Bunny she had ever said Henr

For those interested in becoming more active in the community, the Interact Club

is a good way to start.

"Everyone thinks it's this boring club because all we do is talk about drugs and stuff, but it's a lot more," said Hennessey.

"If we had a greater amount of people we could do more with it and it would be more fun."



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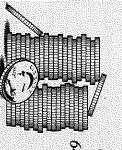
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Freshman John Byrns relaxes after finishing his work on the Fall Play Festival.

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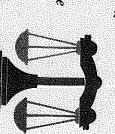
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What's SANDAGE partof



Mindy senior

a lot of quality time with my family." December 8. I get to spend up on my "Putting the Christmas tree birthday



chambers junior

snowboarding in Wah." "We always build a lot of get to



highway,

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ema

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W

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get to spend time with your family." "You get lots of presents and

five gallon bucket for

right away. It sits in a five gallon

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never set up

days in the

Compiled by Army Whipple and Nikki
Werking

Photos by Christine Johnson and Laura Strzemienski

rearranged

hauled into



Christmas in Vietnam

By Melissa Tran News Section Editor

There's nothing I enjoy more than waking up on Christmas morning, looking outside my window, and seeing big snowflakes fall from the sky. This year when I travel to Vietnam for Christmas I'll have other things to look forward to, none of which are snow.

Spending Christmas in my native country provides a different experience, one that I first encountered four years ago when I spent my first Christmas in Vietnam. It was the first time I had ever visited the country where my parents grew up and where my roots are. It was definitely a trip to remember. Packing swimwear, shorts, and sandals set the mood for the winter trip. I knew this would be different from any other winter vacation I had taken. Although I missed the flannel pajamas and bear slippers, the 80 degree December weather in Vietnam was a pleasant change aside from the massive mosquito influx.

In the days leading up to Christmas and even on the actual day, the colorful decorations were going up everywhere from store windows to housefronts to people's vehicles.

I clearly remember driving down a street, gazing out the window and seeing a couple riding home on a moped. A man operated the vehicle while the woman sitting behind him had a plastic pre-decorated Christmas tree strapped to the seat. Cheesy and lame? Yes, quite possibly, but there are no firs growing around the country in Vietnam, so artificial trees are sold at

local shopping centers and markets. I took great pleasure in seeing everyone get in the spirit of the season.

On Christmas night, my family and I went out on a dinner boat similar to the Dandy of Georgetown. Dinner was served and a small band played happy seasonal songs while we ate. It was a great feeling to see that even thousands of miles away in a different country, some traditions are still the same.

This year I will travel back to Vietnam during Christmas. Since I already know what to expect, I look forward to the trip with lots of excitement. The celebrations may not be as extravagant, the temperature may be twice as high, the shopping centers may not be as developed, and the sales may not be as big, but that doesn't take away from the true spirit of the holiday that people can enjoy anywhere.



Keeping age-old traditions ろろろ

By Emily Harris

The tree must be real. No imitations will be accepted. The scent of fresh pine needles circulating through the house completes the Christmas season. In other words, Christmas would not be Christmas without this special aroma. Each year we pick out our tree from the local charity lot. An evergeen will make the perfect Christmas tree if it has a first that the characteristic tree in the local charity lot.

needles, branches, and a supporting trunk. Having a straight trunk and strong, nicely fallen branches will only add to its

makın After my family finally agrees on the right tree, we pay for it, and tie it to the roof of our van. Slow and steady, we ravel the distance home. The kids peer out of the window,

living room. Then the painstaking task of setting it up straight in its holder occurs.

in second grade. One of my favorite decorations is my tiny stuffed Gus, the fat mouse from "Cinderella". I got him from one of the fast food restaurant's happy meals and have are burned out and cause the whole string of lights not to work. We then hang our own personal ornaments on the tree. I have my own shoe box filled with cheesey decorations that I made The lights go on first; some blink, some bubble, and some

treasured him since.

For the first half of December the tree stands alone with only two brass reindeer resting beneath it. Not until after the

December birthdays are the presents allowed under the tree. After the 16th of December, gifts of all shapes and sizes. After Santa the carpet, forcing us to our living comes, branches build up on emain

Seniors Emily Harris, Meredith Caudie, Stacy Eichhorn and Christine Johnson keep with tradition and visit Santa at Reston Town Center.

under its low hanging paper slowl wrapped in bright holiday accumulate

Year's, our "perfect cled into

hourly. After New

Celebrating American-style

By Chris Heuer Business Assistant

Spending Christmas away from home — for some people it is just unfinikable, for me it is reality.

Some of you may think that homesickness reaches a climax during Christmas time. Actually, it does not. Of course, it would be nice to spend this time of the year with my family in Germany, but since I'm living here with a host family I feel like being home anyway. Besides, being an exchange student also means to be open for new customs and traditions.

Certainly there are huge differences between the way Germans and Americans celebrate Christmas. In Germany, people observe it on the evening of December 24. In my

then time for the annual slideshow.
To me, this is a cruel act, showing pictures which I would prefer to forget. looking forward to spending the holidays far away from home Every Christmas at about 9 p.m., our living room turns into a place from which you can't escape. It is evening of December 24. In my family, it is a tradition to eat goose and to give and receive presents. But there is at least one reason I'm

Every year I have to endure such repetitive comments as, "Christoph, look how cute you are," and "Oh, your eyes are closed." I really hope that my parents won't send these slides to my host family. It would be my nightmare before Christmas.

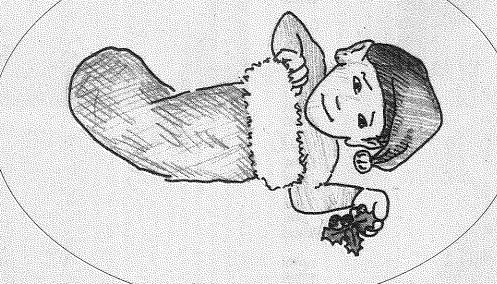
Back in Germany I thought that an American Christmas is like Christmas in those movies such as "Home Alone" and "The National Lampoon's Christmas Vacation." I still couldn't figure out how the holidays are really celebrated.

What I probably miss most during Christmas is the festive but quiet atmosphere in my hometown. I always enjoyed it to visit the "Weihnachtsmarkt." This is an open air Christmas holidays are really celebrated

During my first observation, I saw that the Christmas season starts very early here. It is kind of strange to read those ads that say: "Ho, ho, ho. Visit Santa Claus on November 20 at the Mall."

fair on the marketplace where people just walk around and buy presents. Here you go to the mall, rush from store to store, and get annoyed from songs like "White Christmas" that roar out of the loudspeakers.

However, I'm looking forward to experiencing my first American Christmas. To all of you: Frohe Weihnachten.



Illustrations by Matt Wood

Remixing Holiday Classics

By Abby Curran
Oracle Editor

Jolly Ol' St. Nick must be crying somewhere. And who can blame him, judging from the ridiculous array of Christmas albums currently barraging music stores.

Holiday favorites, such as "Jingle Bells" and "The First Noel," are ruined routinely by pop artists who think that they

hold the right to re-make the classics. Since when did the world admire Mariah Carey's incessant screaming over the King crooning "Blue Christmas?"

one spot on the chart, of course, we brothers with their instant classic Unfortunately, many people today actually enjoy the vocal abilities of Carey. In fact, she filled the number seven spot on Billboard's Best-Selling 1997 Christmas chart. The number ocious Hanson

.

Vince Gill's #1 Christmas Album

But those two aren't even the worst offenders. Country star Vince Gill definitely wins the prize for destroying the most Christmas carols. In the great holiday spirit, he blessed us with Christmas albums both last year and this year. Yes, "Let There Be Peace on Earth" and "Breath of Heaven" are both now available for our listening pleasure.

In an Entertainment Weekly interview, Gill claimed that

because artists cut 'em in the vein of their hit records," said Gill. "But nine times out of 10, people want to hear Crosby or Sinatra, where it sounds like Christmas music." he wanted to record an album that would include only traditional holiday favorites

"A lot of country Christmas albums don't sell much because artists cut 'em in the vein of their hit records," said

It's good to know that Gill is looking out for us.

Perhaps this subject bothers me so much because I live through it every holiday season. Starting the day after Thanksgiving - never sooner and never later - my father plays Christmas music constantly. Our CD collection, already too large, reaches ridiculous proportions this time of year; we own about 15-20 Christmas CDs. Granted, the selections do not include Hanson, although there are still a few obscure ones. "Celtic Christmas" and "Wassail!

Wassail! A Colonial Christmas" come to mind.

But what I really want to know is this: why do people no longer have respect for the Christmas holiday? Allowing such silly contemporary artists to destroy music that generations of Americans have enjoyed cheapens the originals; it also cheapens the holiday itself. Unfortunately, I can't offer solutions. About all that I can do is warn people about the sadness this situation must be bringing to poor

Kirston Kidwell teacher

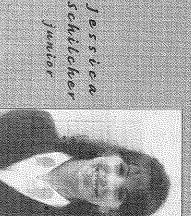


my family, it's a tradition Tor ily to eat on Christmas." family to bring different kinds of cookies for the fam-"The Christmas cookies! In each member of the

sophomore cichourski Matt



understand what's going on in your life." once a year and they don't when you only see them otherwise. Sometimes it's hard being around them members that you can't "Seeing people like family



of the fire, and catching up day music, sitting in front on much needed rest." "Listening to all the holi-

again

By Kelly Alm Viewpoint Assistant

Americans. People of previous generations enjoy movies like "Grease" that take them back to the bubble-gum 50's and the leather-jacket, hairspray, swivel-hop era.

"Going back to see 'Grease,' which was released in 1978, was like flipping through an old yearbook," said Daniel Lawlet, father of senior Bethany Lawlet. The movie "Grease" also provides entertainment for kids of our generation. With tight denim, characters named America has received a blast from the past as old movies strike back.

Major film studios are currently releasing classic hits to the big screen, including "Grease," "Gone with the Wind," and "The Wizard of Oz." The rebirth of these old favorites connects people with the past and gives newer generations the chance to view the all-time classics. A definite demand for old itles has become prevalent a mericans. People of pre

Zucko, and unwashed hair and songs like 'Greased Lightning,'' the movie is a

veritable time-machine back to the 60's. "Movies like "Grease" are actually

pretty funny sometimes, with leather and slicked hair, and all that crazy stuff," said

War classic. The movie takes per the Civil War and is filled will love and war scenes, with e successful dusting off of Warner Brothers has also ione with the Wind," a Civil The movie takes place during Warner

Leigh.

Warner Brothers has also produced a digitally restored version of "The restored version of "The Wizard of Oz." It is the ig names of the '30s such s Clark Gable and Vivian

yellow brick roads, and witches However, it is still a classic, and more same film but with better sound and print. "The Wizard of Oz" still enjoyed movies of all time

importantly one that the whole family can enjoy. First released in 1939, but also a

"Grease" gave singer Olivia Newton John the exposure she needed to become a big star.

computer-generated scenes and animation, many people feel America

legendary kid flick of our time and now revived in 1998, both parents and

siblings can appreciate it.
"There's nothing like
seeing it on the big screen.
It's definitely a classic,"
said senior Kellee Jaques.
In an era of movies
filled with violence,



with the Wind" won demy Awards in 1939.

needs to rediscover the classics.
Knife fighting was the extent of violence, and in "The Wizard of Oz," color was the newest invention

and computers was somewhere over
the rainbow. "America needs to
bring back the classics. They are
more innocent and simple, and more
family oriented," said junior Ricki Kirsch.

with boughs of holly...

By Caitlyn Kelleher News Editor

This consists of watching the TV series specials, TV and bigscreen movies, parades, and the other special holiday shows.

The Claymation version of "Ruldolph the Red Nose" I have celebrated the Christmas season in the

Reindeer' is on every year The movie relates the story of the Abominable Snowman, little Ruldolph growing up, and of Santa's elves. I love watching this movie because of it's "Ruldolph Reindeer" is

sweetness and happy tone. It's such a heart warming show that gets us ready for the holidays.

There are also the old movies. Every year at least once I watch "Miracle on Thirty Fourth Street" and a movie about a depressed adult returning to their childhood town. The past two years the "Christmas Hometown." Мy DIO

sitting down and commenting to anyone who will listen about I love these Iknow I sound sarcastic, but ove these specials. I enjoy

BAGEL BAKERY.

MIKE McADOO

Manager

On every year is "A Wonderful Life," the Jimmy Stewart feel good classic that gave us the famous quote, "Everytime that a bell rings, an angel gets it's wings." "A Christmas Story," and "White Christmas Story Christmas" are a holiday seasons have also brought about a modern twist in some new movies to the holiday mas" are also a constsant ce in December, Recent

but I love to watch the Macy Thanksgiving Day Parade. love watching the Color Guar

The music and watching Santa become
a n n u a
tradition in i wishing I could be one of them.

Not only do I love to watch view celebrates the holidays, THE REAL ON THE PRINCIPLE STOR

In "Jack Frost", Micha the shape of a snowm

also include Disney's Thanksgiving and Christmas parades, as well as many more. These are followed by the never ending football games. I really

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Parades

or something like or something like dies. "Jack Frost," where Michael Keaton turns into a snowman. Holiday TV will always be part of the celebration. Everyone should watch at least one silly, part of the holidays is the fact that between hate these. I think that the only bad part of the year, I could go see "I'll Be Home ending stream of the brand no starring Jonathan Taylor Thomas for Christmas' professiona holiday movies football games And there is



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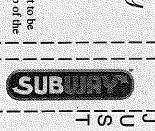
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Musicians from the 70's still turning out chart-topping songs

By Mike Spector

Imagine liking the same kind of music as your parents. The scary possibility is reality for the many fans of bands that have been making music since the '70s and '80s.

managed to pleas generations o listeners b

Certain musical talents have managed to keep putting out album after album for at least a decade. These bands have been able enjoy success on for a long time by producing good music that adapts to the times. "Adaptibility allows bands to last," said senior Steve Jacobs. "Good bands change with the times."

providing albums
that make
p o w e r f u l
statements while

still retaining the band's classic

Rolling

g Stones recently

U2 has topped the charts for years. In the early '80s, it was "Sunday Bloody Sunday," a song about the assassination of Martin Luther King Jr. In 1987, the Irish band made its mark with a simple mellow tune, "With or Without You." As the '90s close out, U2's latest album, "Pop," delves into the world of techno. with the times.'
U2 has topp amazing comeback and has been immensely popular with people of all ages for years. Their "Nine Lives" album, released last year,

Aerosmith, after struggling in the early eighties, made an

Since the seventies the Rolling Stones and bands like

have domir

These

dominated

followed by the recent "A Little South of Sanity", brought a new

musical interpretations. Madonna has done the same; her hit singles



Steven Tyler's goofy, spontaneous personality and to Aerosmith's long term success. taining stage shows

proved the ability to last with the release of their Babylon" album, a to Aerosmit compilation of many of their old

surge of fans to this ubiquitous classic rock band.

One man acts follow the same pattern. Michael Jackson breathes the music industry. From "Beat it," to "Thriller," to "Black or White," Jackson has explored different concepts and

range from "Like a Virgin," to "Like a Prayer." And, like U2, Madonna has explored techno with her latest album.

While variety in music is key, personality and publicity allow musicians to play for long periods of time. Aerosmith's

lead singer, Steven Tyler and his big lips and Van Halen's use of the provocative David Lee Roth as well as Sammy Haggar and Gary Cherone to form different chapters of their band all bring

fan and media appeal.
"Publicity grabs the fans,"
said junior Sean Bury. "Without
the fans, most bands wouldn't be
where they are."

since the late '60s and early '70s. Billy Joel has been successful for a number of years and has also adapted. "Piano Man," contrasts with "We Didn't Start the Fire," a hit that had fans singing the Some musicians have lasted

Appearances on MTV's "Unplugged" have keep the singer in business. So has his his hit single, "Tears in Heaven," which appeared on the soundtrack of the movie "Rush" this year, along with his new album, "Pilgrim," have kept the singer popular. song.

Blues singer Eric Clapton
played guitar with the band
Cream before going solo.

wake-up call America's

listeners face the day Radio morning shows help

By Ked Whitmore
Assignment Editor

For most students, the morning commute to school is a time of sleepiness, bleary eyes, and sometimes panic. But for radio stations, morning is a time to make high bucks

for radio stations, morning is a time to make big bucks.

With so many people commuting to work and school in the same general timeframe (about 6 to 10 am), particularly in the Washington area, in the Washington area, morning hours are a time of concentrated listening. For this reason, many local stations put on their best and brightest deejays at this hour.

The morning show format is also different, usually containing a mix of news, weather, and traffic along with the usual variety of music.

In addition, many stations rely on the charisma and humor of their disc jockeys to carry the show. One of the most popular and familiar of these weekday warriors is local legend the Greaseman, whose own brand of raunchy humor graces the airwaves of classic rock 94.7 from 5:30 to 10 A.M. Of course,

can be complete without the pioneer, Howard Stern, no discussion of "shock DJ's" pioneer, Howard Stern, who is on 106.7.

some stations, such as DC 101, offer more comusic and less rad talk in the morning with the morning show."

Morning sho and the Bush lea show "Billy Bush "all request

and the Bush league" airs every morning on Z104 from 5am-9am The hosts of the show are Billy Bush and Janet Elliot. They have lots of fun contests and prizes that can be won.

Another fun morning program airs on 97.1 WASH FM. This program is another fun station to listen to in the morning. It's not real hard core music. They have a contest called "Battle of the Sexes." Women compete in a trivia contest against men in which prizes are



By Jennifer Schonberger Enterainment Assistant

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hang

Restaraunt Review:

in e tried to kick Ho eral cities.

won from vacations to movie tickets.

For those people who enjoy news in the morning WMAL 630 AM is a good station to listen to. Tim Brant and Andy Parks host the program. They too have contests for certain prizes. They also interview news personalities such as Sam Donaldson, and Cokie Roberts. WMAL always has the latest from the news world People who enjoy the good old songs should listen to Oldies 100. They have a fun mix of news and music. They also have drawings that you can enter to win big cash prizes and trips.

It's surprising how well soy sauce and Z104 mix together.

Walking into P.F. Chang's, located in Tysons Galleria, I noticed the hard wooden floors, the lively chatter of the yuppy crowd, and the enthusiastic love advice of song artist Robyn, echoing through the restaurant. Listening to the perky pop music, I caught the delicious scent of the authentic Chinese cuisine.

After being greeted, the waiter gave us an oral presentation of the menu and proceeded to recommend the most popular appetizer on the menu, "The lettuce wrap," which consists of a fresh piece of lettuce shaped in a bowl with chicken inside. We were to wrap it like a tortilla. The waiter made a hot sweet sauce, which consisted of soy sauce, oyster sauce, and a Chinese spicy sauce in which we were to dip the lettuce wrap. The contrast of the lettuce made the chicken was suprisingly excellent. The fresh lettuce made the

Afterwards, the waiter brought out our entrees. One of the dishes s "Chang's Spicy Chicken" which are lightly breaded chunks of cken stir fried in a sweet Szechwan sauce. The chicken was very ory. It was sweet but very spicy.

Another popular dish is "Dan Dan Noodles" which is scallions, lic, and chilis sauteed with ground chicken on top of hot egg

is scallions of hot egg

The prices are moderate and the food is served family style. There are many varieties of food. There is beef, chicken, seafood, saladsoups, noodles, rice, and vegetarian chow. None of the dishes contain

I enjoyed the restaurant very much. It's a fun, authentic place to be. I recommend to go and try it.

"I'm not a big fan of Chinese food, but I really did enjoy P.F. Chang's," said sophomore Elaine Rush, "The decor was very original area."

different, with are s The food at P.F. Chang's is not like regular Chinese food. It's ferent, but in a good way. The combinations that they come up th are so different, but taste excellent. I highly reccomend this

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aim for another state title Nationally ranked Spartans

By Joey Tinsley Sports Assistant

The 1998 Lady Spartans are hoping once again to return to the glory of Virginia AAA state champions. This season they started out ranked at number 18 in the USA Today top 25 list.

Eleven out of the 14 players are returning to the squad, six of them seniors. The returning seniors are Colleen McIlwrath, Tracy

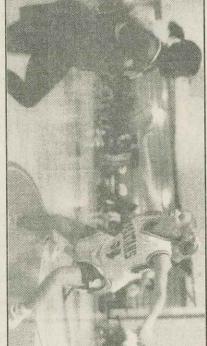
Mayrant, Megan Hammerer, Kara Lawson, Jen Shannon, and Joanna

on the squad, and freshmen Selia Monroe and Leah Roach.

The Lady Spartans are seeking their second Virginia AAA State Championship in three years. This season they have a good chance at winning the state title.

The coaching staff is

one reason why the team is so successful. Coaches can make the difference between a good team, and a great team. The coaching staff is made up of head coach Bill Gibson, and



Senior co-captain Jenn Shannon applies defensive pressure during a scrimmage. She is one of the team's 11 returning players.

The Lady Spartans one goal for the

Gibson has been the head coach at WS for the past 13 season. In each of his 13 seasons he has led the Lady Spartans to 13 consecutive winning assistant coaches Bill Langloh and Chip Delice. good as I ht now, t I'm sure will

enior guard Kara Lawson is the team's leading corer. She recently signed a national letter-of-interplay for the University of Tennessee next year.

trouble and could not afford for anyone to

Lawson, Shannon, Fill, and Monroe are all threats for the three of the key players, while

Freshman Selia Monroe guards an opponent on the perimeter while Kara Lawson defends the interior.

Jeruzal. Lawson and Shannon are the captains. Returning juniors include Lynn Frangipane, Lisa Leininger, and Kathy Wainwright. Sophomore returners are Katherine Fill and Meghan Ogilvie. In addition to the returners, junior Naquecia Harper is

Jeff Scudder Meet

Boys Varsity Basketball Senior Guard

Other sport: Football

really confident that we can improve greatly from last Season outlook: "We're all

school that's in the A Coast Conference College plans: school that's in

College sports participation Basketball and/or football

Pre-game ritual: a uniform

making people laugh Hanging out with friends and Favorite spare time activity

Best sports memory: Winning the State Cup in

Favorite quote: "It's what you learn after you know it all that

Compiled by Mike Waldron

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New unity with track unique staff builds methods team

By Joanna Beiter
Assignment Editor

Playing ultimate frisbee, tag relays, and scavenger hunts. Just another tough track practice.

With an entirely new coaching

staff this year the track program is turning over a new leaf. Focused on teamwork and building a promising future, the coaches are concentrating on the younger, upcoming stars.

"Although it may take time adjusting, we have a promising future," said senior captain Matt Scherrer. It will take time adjusting to the new staff hired after former head coach Phil

Saunders left the program last year. None of the staff from past years carried over. The new head coach is Greg Rowe, who is assisted by Allen Robertshaw and Bernadette Flynn.

"It's my feeling we can

"It's my feeling we can develop unity," said Rowe. "I'd like to see a much more well-rounded program." Rowe joins the program after leaving a five year coaching job at Edison High School and five years at Hayfield Secondary School.

The entire coaching staff is emphazing the team concept, incorporating games, scavenger hunts, ultimate frisbee, and relays to have fun. The captains have a

past five years, wanted to teach and coach at the same school. She coached at McLean and Robert E. Lee high school's for the past ten years. Happy to be coaching at WS, she is mottvated to bulid a strong team with the other coaches lot of responsibility, warming up the team and leading drills.

"It's neat to be coaching at WS," said Flynn. "There are great traditions here, and the team has performed well in the past." Flynn, a PE teacher at WS for four of the

Assistant coach Robertshaw, a decathlon trained athlete, has always felt motivated to coach, even his competition.

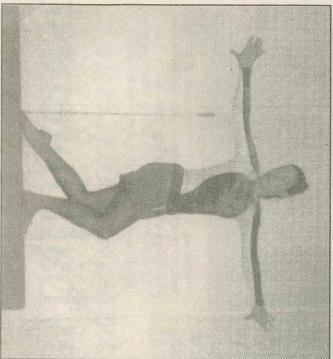
" On e time I was competing against an

was going to break his ankle every time he opponent who looked as though he



New assistant track coach Allen Robertshaw offers pole vaulting tips to Janet Goehring.

trains on the field events proper technique instruction, especially the new girl pole vaulters who will be competing for the first time this year.



competition, the Spartans came within gymnastics team placed second in their first two meets of the season. At the first home

team Young opening starts gymnastics competitions off wel 5

By Erin Muir

cartwheels and handsprings Most people never walk on a four-inch wide plank of wood, much less do

gymnastics team does just that when preparing for another competition.

The gymnar*

The gymnastics team kicked off the season with a second place finish to Robinson on December 2, beating Woodson and Jefferson. At the first home meet on December 9, they placed second again, missing winning by only six-tenths

of a point. On December 12, they competed at the South Lakes Invitational.

That meet was "a good chance for them to display their skills before a large audience," said Coach Jill McKallip.

The team, led by Captains Jackie Chmar and Heather Eisinger, is slightly less experienced than in years past.

"This year we have a lot of new people and a new coach," said Chmar. "Our coach is also a judge so she has been extremely helpful in improving our routines. The new gymnasts have also helped

However, they are working hard, practicing between five and six days a week for two to three

hours per practice.
"Our goal is to have as many girls as possible compete in as many many girls as possible compete in as many events as possible," said McKallip.

The girls compete in four events; floor, beam, uneven bars and the vault. Each event presents a challenge, both mentally

and physically.
"The beam is hardest because it is the easiest to make a mistake on it and fall off," said Chmar.

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practices on the balance beam to prepare herself for

upcoming

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WS 52-Madison 36 WS 49-Yorktown 64 WS 52-Lee 83

SHIMMING

WS 228-Hayfield 107 WS 223-Falls Church 92 WS 172-Robinson 143

BOYS TRACK

WS finished in second place at a three team meet

WRESTLING

at Episcopal

WS finished 20 out of 32 teams at the Northern Virginia Wrestling Classic

BASKETBALL WS 62-Madison 41 WS 83-Yorktown 40 GIBLS

WS 80-Lee 25 BOYS

WS 192-Hayfield 122 WS 228-Falls Church 79 WS 130-Robinson 172

SHIMMING

GIRLS TRACK WS finished in third place at a three team meet at

GYMNASTICS

Episcopal

WS placed second at a four team meet at Thomas Jefferson

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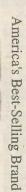
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Spartans=Redskins? No way

By Amy Hawthorne
Special to The Oracle

The Redskins, otherwise known as the "Deadskins," are know for one thing and one thing only this year: losing. It is the one thing the 'Skins known how to do. Many people in the Springfield area look at the WS Spartans the same way.

But are the football Spartans really that bad? WS' 4-6 District record did not make them champions, but shows

did something right on the field

WS fans sometimes compare this year's team with previous ones, which makes it hard for the players to get the respect and needed support of the

"I think back to my football days," said Receiver Coach Mat Shannon.
"We were a strong team with a lot of talent." During the 1993 season, Shannon, along with Brandon Fleck, Jason Van Camp and Damone Boone, led the team to a 9-3 record, winning the Patriot District. "Before us, the last time [WS] won Districts was in 1974," said Shannon. "I think everyone is just crossing their fingers and waiting for another team like ours to come around."

The question remains: When will WS see another championship team? The Spartans had the talent this year, but the team simply did not come together as the coaches were hoping. "The players looked really strong coming into the season," said Assistant Coach Brian Puhlick.

played an essential part in the defense's success.
Led by Gibson, senior Will Pullman and senior.
Steve Massie, the defense kept the team together and gave hope to other players.
But the offense needed just a little bit more than hope. The offense committed But as the team got into the season, the offense began to fall apart. "Our defense was definitely our strong point," said senior Dan Gibson. "That is what us win our games." Effective blocking and tackling





Player Dave Harris jumps for joy after WS' surprise Homecoming victory. come-from-behind

ball during a punt return, which resulted in a 60-yard Centreville touchdown. The worst part is that we lost that game by only seven points."

But the offense had some good moments. WS fans saw the best kicker the team has had in quite some time, senior Jeff Scudder, actually make field goals. Some of the other offensive powerhouses were Pullman and Seibert on the line, with Ryan Fleck quarterbackin

Jason McCain, and Gibson. "They were responsible for about 95 percent of our touchdowns," said Puhlick. "You could go as far as to say 97 percent."

This year's schedule, though, worked against the Spartans. "First of all, we play in the most competitive district in the area," said Offensive Coach Trea Taylor. "We don't get much of a break playing non-district games against teams like Centreville and Lee."

It would help if the Patriot District's lines were re-drawn. "It's too bad for WS that the Patriot District is so unbalanced," said Ryan Sloan of the Centreville team. "It must be frustrating, to see us play easy teams like Fairfax, when our skill level is much higher than theirs."

But the list of misfortunes for the

Spartans hasn't ruined their reputation

completely. Eight senior players plan to continue football in college, at schools such as Georgetown, Penn State and the Naval Academy.

Maybe WS is not as bad as it is made out to be. One thing is for sure—they aren't the Redskins.

spikes with teens folleybal interest

happell Says WS could have the sport in 5 years

By Emily Harris Features Editor

students can participate in more than 60 clubs. The school also offers more than WS is an extracurricular kind of school. After school. 41 different sports for girls and boys, at varsity, JV and

But volleyball is not on that

nave volleyball," said freshman Judy Brown.
"Everywhere else it's played, but not here."

Volleyball is a popular sport nationwide. And, thanks to superstar players such as Gabrielle Reece and Karch Kirlay, the sport's popularity

sporting goods stores in this area have a whole section But even though though most stores in this

devoted to volleyball gear, Fairfax County is not too familiar with the sport.

teams," said Patricia Johnson,
Vice President of the Northern
Virginia
Association. "I think that
schools offer enough sports "It's depressing that most high schools here don't have

already and volleyball should be included."

Unlike its neighboring counties, Prince William and Loudoun, Fairfax does not have a high school girls volleyball league.
"Those other counties have

small school districts, so they're able to start small-scale programs," said Tod Chappell, WS' student activities director. "It's easier for them than it is for Fairfax. They have smaller

through its county-sponsored intramural league. But after budget cuts, the intramural programs were eliminated. And all forms of public high school volleyball in Fairfax populations and enrollments."

More than five years ago,
however, Fairfax did offer
volleyball to its high schools,

Howard sponsored it. Rachal succeeded in gaining interest and participation in the sport, but the volleyball program didn't continue into the next player wanting to train for the Junior Olympics, began the WS volleyball program. Former English teacher Susan In 1993, junior Frank Rachal, an avid volleyball

"There hasn't been a real strong interest in the sport," said Chappell, who thinks volleyball is a great sport. "There's some interest, but not

program," in this manner, said Donna King, director of student activities at Falls

had a lot of students interested, s we found a coach." Falls Church began competing against other schools last year. Since Falls Church was one Church High School. "About three years ago, we

of the only high schools in the area at the time with a volleyball team, they

schools. But this year Langley, Woodson, Oakton and Chantilly have all joined the race, establishing their own teams. Centreville is still struggling to develop a club

stipend

varsity joined t h e

competitive.

Prospects for the game becoming a varsity sport in the county are mixed. More than 15 high schools must carry volleyball as a club sport before it becomes an "official" sport. So five schools is a start.

"I suspect that in five years, volleyball will be offered in

every school in Fairfax County, "Chappell said. "It's only a question of who will take the initiative to start and continue the program here, at WS."

All of the official high school spor available started ago, 0 four club

earned county funding. And there is hope that crew soon will do the same. But nobody knows if the sport will be offered to just boys, just girls, or if there will be for both sexes enough support to have teams list, and

"It would be so cool to have a school volleyball team here at WS," said freshman Roberto Garcia. "But I bet they'll only





Sherry Congleton labels clothing for the next distribution to needy Springfield and Burke families.

ECHO helps local families

A photo essay by Jessica Williams

Oracle Photographer

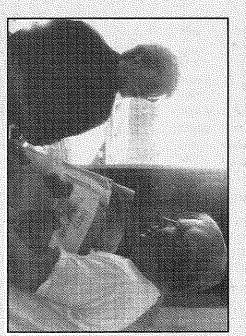
Located off Old Keene Mill Road by Springfield Plaza, ECHO exists to help the community.

Ecumenical Community Helping Others, (ECHO), serves the Springfield and Burke communities. The program is in place mainly to give assistance to people who have low incomes and who require extra assistance to live somewhat comfortably.

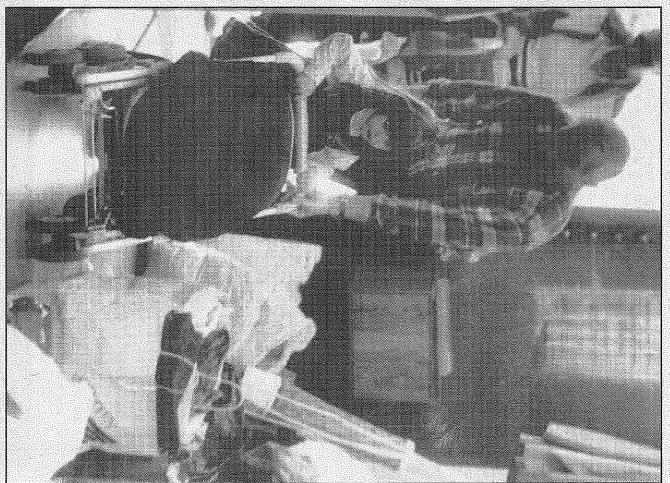
Workers collect food, clothing and housewears to give to these families who can not provide those things for themselves. As well as giving material items to those who are on assistance, they provide limited financial assistance and trasportation to those who need it.

"As the welfare system tries to move people off and onto their own means, ECHO acts as a link to help them provide the necessities," said chair Pat Gauthier. The group provides additional necessities to the handicapped who are on assistance, and elderly on Social Security who do not have enough of this income to live comfortably.

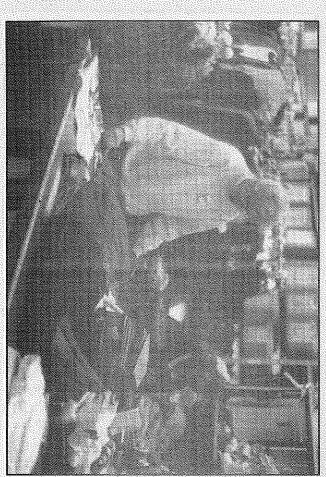
All work is done on by volunteers, and more than 300 people work in the center. New volunteers are welcome. ECHO is open Monday—Friday from 9:30 am-12 pm, and Tuesday, Wednesday and Thursday from 7-9pm.



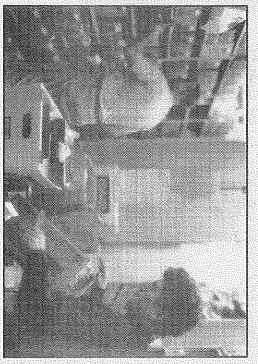
Bill Decker attends to a donor bringing food donations to a family for Thanksgiving. Many needy families were "adopted" in order to have food for the November holiday.



ECHO volunteer John Gauthier helps a young gir,I who is bringing in her old baby items to give to the needy.



Colletta Hammond sorts clothing and organizes them by men's, women's, and children's, as well as by the type of clothing.



John Pay and Bevery Ramaker sort food to be picked up by families and individuals assisted by ECHO.

c)" It's a Wonderful Life"

1. In "National Lampoon's Christmas Vacation," what did Aunt Bethany say for grace during the Christmas Eve dinner?
a) She pledged allegience to the flag b) Sang "Rudolph the Red Nosed c)Sang "Hail to the Queen"

2. The name of Scrooge's deceased business partner in Charles Dickens' "A Christmas Carol" was:
a) Bob Marley
b) Billy Bob Thornton
c) Bob Cratchit

3. "What I want for Christmas is an official Red Ryder BB Gun with a compass in the stock and this thing that tells time. They are very good presents. I don't think that a

football is a very good Christmas present." What movie is this quote from?

a) "Miracle on 34th Street"
b) "A Christmas Story"
c) "Rudolph the Red Nosed Reindeer"

4. What song is the choir singing when Kevin leaves the church on Christmas Eve in "Home Alone?"
a) "Jingle Bells"

a) "Jingle Bells"b) "The Ukrainian Bell Carol"c) "Silent Night"

5. What's the most famous quote from "It's A Wonderful Life?" a)"Every time a bell rings an angel get's his wings."
b) "I'll Be Back"

6. What did Santa's elf in "Frosty the Snowman" really want to

b) A snowman c) Santa Claus a) A dentist

7. In "How The Grinch Stole Christmas" what was the name of the tiniest "Who?"
a) Matt Barker Who b) Little Who c) Cindy Lou Who

8. What is the name of Jack's dog in "The Nightmare Before Christmas?"
a) Zero
b) Spot
c) Rover 9)a.

9. Who does Jack accuse Lucy of dating in "While You Were Sleeping?"
a)Joe Junior
b) his father c)Peter

Answers: 1)a. 2)c. 3)b. 4)b. 5)a. 6)a. 7)c. 8)a.



spartan focus:

POLITICALLY CORRECT HOLIDAY SONG TITLES

10."Oh Holy to some races, religions, creeds, national origins, or sexual orientations Night"

9."Rudolph the special-nosed reindeer"

8. "Have yourself, if you are so disposed, a mirthful Little December Celebration"

7."Oh symbolically decorative to some races, religions, creeds, national origins, or sexual orientations Evergreen Tree

6."We Wish You a Merry non-denominational Winter Holiday

nediately preceding the 25th of December'

3."Joy to the World, a Figure of Religious Importance to certain individuals

2."We three prominent political figures of unspecified Eastern origin"

1."The Hannukah Song" by Adam Sandler



-compiled by Brian Gillis & LaMont Mitchell



Lisa Matthes
Heidi Burke, who plays basketball for the Washington Mystics, visited marketing classes in
November. Here, she talks with seniors Kara Lawson and Joanna Jeruzal. Burke and her twin
sister, Heather, are the world's tallest female identical twins. They graduated from Falls
Church High School and the University of Virginia.

SUNDAY 20 23 Basketball vs TC Williams MONDAY Girls-away Boys-home 28 TUESDAY Basketball vs Lake Braddock Girls-home Boys- away PSAT returned to underclassmen 29 9 WEDNESDAY Gymnastics vs Chantilly 7 p.m. B 20 THURSDAY 0 79 300 21 Basketball vs Hayfield
Girls-away
Boys-home 8 Madrigals Feast of Carols FRIDAY 05 SATURDAY **Band Concert** 19 26 N 9