

WEST SPRINGFIELD HIGH SCHOOL SPRINGFIELD, VIRGINIA 22152 6100 ROLLING ROAD

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### cancelled because S

By Amy Steed News Section Assis

American Civilization, a course that combines eleventh grade English and US history, will not be offered to students next year. The status of this class has been the topic of debate for years, but the decision to end it was not made until

"There were several reasons we decided to end the class." said Principal David Smith. "It is not as good a fit with the SOL climate as it was when it was formed, and honestly it is just hard to

history into one class. The course has two teachers, meets each day, and is double the normal class size.

For years the administration had formed, and honestly it is just hard to teach a class of 55 to 60 students."

American Civilization has a curriculum that integrates English and US

final decision to cancel the class was handed down by Smith, Guidance Director Eleanor Saslaw, History Chair Connie Peduzzi and English Chair Mary Moriarty. SOL's were one of two major factors of the class

When it was first started in 1986 at WS

and schools, but not until this year will they really have an affect on students. All freshmen from this year on must pass the tests or are forced to retake the class in their already tight schedule of graduation In past years SOLs affected teachers

requirements.

The US history SOL is the lowest scoring test countywide. This only concerns American Civ because it is given the US history test. However, no statistical data shows Civ students scoring lower than

"We did not compare American Civ SOL scores to those of regular US history," said Martha

follows the SOL format in an untraditional manner the This in itself is ironic administration Because the is troubled. class





By Katie Walker Production Manager

"They they just help to generate ideas comfortable talking about the environment where people feel Johnson issues. They don't take sides, Psychologist provide 9 Janis safe

#### Students work together to improve atmosphere Peer Mediation solves SW problems

When a student is having problems with a friend, WS offers a helpful program. Peer mediation aids students with difficulties they have with other people at school. About 25 students act as mediators at WS, and

fight between them they handle a few mediations a month. Students can request peer mediators by going to their counselors. Problems usually relate to friendships. Only one mediation this year has been the result of a physical

"Students usually request mediators if they're having problems with a friend, with rumors, or if someone is making fun of them," said senior Hillary Palmer.

Psychologist Janis Johnson and Counselor Beth Cohen sponsor the peer mediators.

"We get a referral and then we have a small information gathering," said Cohen. "We find kids available to mediate during a time that is good for all the parties involved."

The job of the mediators is to help students come up with ideas on how to resolve the problem.

"The mediators act more as facilitators," said Johnson.

"They provide a safe environment where people feel comfortable talking about the issues. They don't take sides, they just help to generate ideas."

Yher mediation is sometimes offered as an alternative to punishment so students can work through problems.

"Sometimes counselors offer peer mediation as an alternative to suspension," said Johnson. "We prefer the students to request the mediations because they really want to do it, not just so they don't get suspended. Peer mediations only work if both sides really try to work things out."

## horal groups spread cheer to area

#### By Melissa Lipman

'Twas the season to be jolly and WS singing groups helped many people around the community do just that.

WS choral groups did a myriad of performances for different parts of the community during the holiday season. The Madrigals, directed by WS chorus teacher Meribeth Puckett, the groups. They gave shows at places ranging from Nordstrom's to the White House. During some weeks in December, they were doing a performance almost ere one of the most active of

"The holidays are the busiest time of year for us," said senior Elizabeth Wilcox. "But it's really fun. That's one of the main draws of Madrigals."

One of the season highlights for the Madrigals was a show at the National Cathedral in DC.

"That was so awesome. It was the most beautiful thing I've heard," said junior Katie Kovar.

Another WS musical group,

Another WS musical group, Personality, a singing and dancing performance group, did their annual Breakfast with Santa show for the children of the community in December. They

performed a medley of Disney songs while dressed as the Disney characters.

"They're [the kids] so cute," said junior Rebecca Weiner.
"They really do think that you're the Disney character. They ask for your autograph."

After the show, performers talked to the kids who have Mr. and Mrs. Claus waiting for them along with breakfast in the

them," said senior Boone Clayton. "They're really excited about it, and it makes us excited too." "We're the real thing to em," said senior Boone

Pizazz, WS's all-girls shov

choir, performed at several holiday shows too, singing carols at retirement communities in the area. Additionally, all the choral groups, including Spartan Choir, Madrigals, did a holiday concert at school Men's Chorus, Women's Select, Pizazz, Personality

thing is the commitment that these students have Choral n to the programs and their perform community," said Puckett, director of all WS choral groups. "The number one



Choral members enthusiastically perform at a local event.

"They bring a lot of joy to the





MUSIC 20 15 100 VIOLENT





WS REACHED OUT TO THE 4 SEE HOW COMMUNITY





1 FLASHBACK

# Redskins must make

# wiser choices to win

By Myles Curran Sports Editor

If Daniel Snyder wanted this years Redskins team to win, he should've bought a time machine to come alongside the new players.

His prized quarterback, Jeff George, had his best years with Atlanta in the early nmeties. Bruce Smith was great with the Buffalo Bills, but is long past his prime. Adrian Murrell was an 1,000 yard rusher with the Jets, but he has since been a backup on the lowly Cardinals. The always flashy and obnoxious Deion Sanders has never known how to tackle and cares only about his bank account.

There is a reason Snyder found it so easy to sign all these "marquee" free

wanted these overrated headcases. Every one of them had worn out their welcome with their prior franchises. None of the teams the free agents signed on made any attempt to re-sign the player.

Snyder can win a championship with money, he just needs to spend wisely. Wayne Hizuenga proved it can be done with the 1997 World Series champion Florida Marlins. Huizenga went out and basically bought out the free agent market, much like Snyder did. Only Huizenga spent his money on winners not losers.

Money doesn't win, the players do, Unfortunately, the Redskins are a team full of full-time losers. George had a career winning percentage of 33 coming into the season, and has since won one of six as



school

needed in

More chairs

Deion Sanders has an 8.4 million contract with the Redskins.

How on earth did this happen?
Teachers are psychic! Ever since the

# its purpose

I truly believe that WS students serve our community not only because of club requirements, but also because they want to be helpful. Then again, I have always been somewhat of an idealist.

WS has many clubs and honor societies, some of which require a certain amount of community service hours from members. National Honor Society is the most visible and perhaps most demanding of these groups, requiring members to perform at least 10 hours of community service a semester.

I am aware that there are people in our school who complain about the contradiction of "mandatory volunteering." They think that it is wrong to force students to do any kind of service for the community against their will—and still call it volunteering. I admit, the

By Amy McKeever Inside Story Editor

words "mandatory" and "volunteering" are quite, contradictory, but then again, is volunteer work for clubs really mandatory?

No one has to join clubs or honor societies. Sure, it looks good on college applications, but that's not what life should revolve around. Most people do these extracurricular activities because they want to. They often know about any service requirements before they even get involved in an activity. For example, the acceptance letter for National Honor Society, whose ideal qualities in potential members are scholarship, leadership, character, and service, clearly states that "[Membership] incurs a responsibility and an obligation to demonstrate those outstanding qualities that resulted in your selection."

Knowing that the society has strict requirements for service, WS students still apply to NHS in droves and those accepted generally end up joining. This says to me that people in service-oriented clubs and

societies are genuinely interested in assisting the WS community—or that they are at least willing to do so without complaint.

Personally, I have joined clubs with the sole purpose of having an easy way to serve my community. I think that it is sometimes hard to find a service project on your own, and I know that it is always more fun and less scary when you have friends along with you. I may not have a lot of service on my resume, but the point is that I intend to. And I want to

There will always be people who do not want to participate in service activities. Also, there will always be people who genuinely want to help others.

But I think that any person who does any kind of service for their community, even in the smallest ways and even against their own will, still leaves a significant impact on the community.

several episodes of King of the Hill
Mr. Owens, Ryan Houston, Brian Witt,
Matt Oster, and I were honored to be part
of the stage band that performed with
Skunk as he gave a clinic (there was no
concert-only a few songs used to showcase
Skunk's incredible musicianship), sharing

concert are consistently overlooked by The Oracle, perhaps the next time a musical legend visits our school, The Oracle will give that individual the respect deserving of a legend. musical insights, advice, and encouragement with approximately 200 students from the guitar program.

Those in attendance were certainly aware of the significance of this event, and I am certain that I do not stand alone when I say that the lack of attention it received was appalling. While it is typical that events such as the Third Floor Poolside Cafe, or the Jazz Guitar Ensemble's winter

# You'te sitting in class, and the teacher asks a question, And you have no idea what the answer is. So you sink down in your chair, maybe the teacher won't notice you this time. And then the most amazing thing happens: The teacher really doesn't notice you.

Redskins starter. Smith lost four Super Bowls in a row. Murrell was the Jets starting running back when they went 1-15. Mark Carrier was on an underachieving Lions team for years.

The Redskins can be winners, but only if Snyder becomes a smarter spender. Maybe he should take some tips from the Baltimore Ravens who seem to know how to spend wisely after an 11-5 season.

### Editorial

on you every single time you didn't know the answer to the question.

Well, it's very simple. You're hidden among a sea of almost 30 other heads.

All right, so this probably doesn't sound so bad. After all, it's a big class and an easy place to hide, easier to get away with sleeping in class, and talking

But just suppose for a minute that you're interested in the class. Or better yet, suppose that you're failing and you really need a teacher who can focus on you and help you out. The problem is, the teacher can't help; he or she is too busy trying to control rowdy students while giving a lesson to spend time during class with a faltering student. This is all foo common at WS\_where only SOL and base-level courses are capped. Right now, required English courses are stopped at 24 students, and SOL classes are filled at 28 students. All other elective, upper level, and AP classes can go as high as there are students who want to take them. The Ohmpian section of journalism has 40 students in the room. 16 more people

This is an especially big problem in AP courses, which have more information. Also, AP English and social science classes tend to lend themselves to discussions, which are hard to have in larger classes, many of which have around 30 students in a class.

The larger the class, the harder it is for the students to learn, it's also harder for teachers to get a sense of whether or not their students understand the material in the classroom.

If educators school officials and politicians expect students to learn, if they want to raise the bar in the classroom, they have to implement maximum numbers for all classes. If that means hiring more teachers, then it needs to be done.

## ommunity service serves

#### Letter to The Oracle

As much as I enjoy The Oracle, I must say that every once in awhile an occasional oversight of an important WS event is enough to make me cringe. In the last issue of The Oracle I was disappointed to see that several mistakes were made regarding events concerning the WS guitar department.

On November 29, 2000, the guitar department was fortunate enough to receive guitarist Jeff "Skunk" Baxter as their guest. Unfortunately, The Oracle in it's three-sentence blurb about this extraordinary event, managed to publish several mistakes. This blurb read as follows:

Brothers, came to WS on November 29 along with musician Steely Dan. Baxter is a guitarist and gave a concert with Jeff "Skank" Baxter, from the Doobie others, came to WS on November 29

students in jazz guitar classes. Þan talked

are (we weren't born until years after the groups disbanded), but I would hope that the smallest amount of research might be performed prior to publishing any article containing any information with which the author is not familiar. to students about his music cureer
I know that the vast majority of students at WS probably don't even know who Steely Dan or the Doobie Brothers

Steely Dan was the band with which Skunk performed prior to joining the Doobie Brothers. Since Steely Dan was a group of people, not a single person, "he" would not have had the chance to talk about his musical career. Skunk spoke about his involvement with two previously mentioned bands as well as several of his most recent endeavors, including writing movie soundtracks and scoring music for

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# The

Since many students complain about the condition of the bathrooms, the SGA and other organizations plan on creating an Adopt-a-Bathroom program, which will call on students to decorate and monitor the bathroom assigned to their organization. And judging from one organization's response to this wonderful program, the idea is right on target—literally.

udging from one organization's response to this wonderium programs, we have an interest program target—literally.

Most organizations plan on decorating their bathrooms around a certain theme. At a ecent Key Club meeting, some of the ideas included a circus, a jungle, and a pirate thip. But the one that got the strongest reactions—both good and bad—was the idea of a pool hall theme, which would have included painted pool tables on the walls, and painted dart boards on the toilets. Needless to say, this idea was shot down in favor of

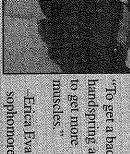
But since organizations such as the Key Club can come up with their own themes as long as they do not include painted dart boards on the toilets), the program is certaing a great deal of excitement, which will then generate better bathroom

At the Key Club meeting, the students came up with an interesting method for anitoring their bathroom. They decided to have bathroom cops, who could enforce mitoring their bathroom.

tudents' responsibility to keep up the bathrooms. But if they will improve the condition f the bathrooms a little bit, and also make the bathrooms "fun" places, they will be ood for much more than just a laugh.

Spartan Spotlight
What is your New Year's Resolution?





"To have our 4 by 8 relay win the states and to play the guitar

Oracle's

By Amy Whipple and Nikki Werking Oracle Editors

Read-and-wipe Oracles. Coming soon to a bathroom near you.

The Oracle has great plans for the new Adopt-a-Potty program at WS. Yes, that's right, we're one of the richest counties in the nation, and we're fixing our own bathrooms. This new program is designed to make the lavatory a more enjoyable place to visit. WS clubs and sports teams can participate by adopting a school bathroom and maintaining its cleanliness. They are encouraged to decorate the walls with murals as well as pick used paper towels out of the sink. We would now like to propose the perfect Oracle bathroom.

Hirst of all, it's not the Oracle bathroom; it's the Oracle restroom. We're much too high-class to refer to our lavatory as a "bathroom." How middle-class.

A full-size photograph of the staff will be projected onto the wall for your viewing contents of the staff will be projected onto the wall for your viewing and the staff will be projected onto the wall for your viewing contents.

The Oracle restroom will be the first to feature the hottest new item in lavatory products: Read-and-wipe Oracles. Since some fifth-period teachers have a tendency to not pass out The Oracle to students, we're cutting out the middle man. Rather than being printed on traditional newsprint, The Oracle will now be printed on pillowysoft, lint-free Charmin toilet tissue. Now you can read while sitting on the commode, just like you do at home, only this is better. You get to flush your reading material when you're finished.

Read-and-dry Springfield Connection paper towels

upon request.

How will you find this paradise of a restroom? We'll make it really easy for you. A blinking neon sign will hang above the doorway flashing "Oracle Restroom—Go Here!" Signs posted around the school will point you in the right direction.

### flesh and blood VA colleges exclude their own

By Lindsay Congleton Special to the Oracle

school graduate in Virginia was guaranteed admission to a Virginia college. Now it seems as though it is more heard of getting into an Ivy League or other top-notch school more so than a public Virginia institution.

Let's take my friend Allen Hermelin who graduated from Chantilly High

who graduated from Chantilly High School in 1998, for example. He graduated with a 3.8 GPA, 1430 SAT's, was the captain of several sports teams, captain of the debatic team, NHS member, Interact Club president, a member of the student advisory council, as well an intern for a member of the House and coached for a member of the House and coached the student advisory council, as well an intern for a member of the House and coached for the House for the House and coached for the House and coached for the House for the H

Compiled by Bree Virostko



he University of North

representative from the

#### Kristi? (D) hristmas brings WS together

Nineteen eighty-six WS graduate Kristi Brown died in a car accident one year after graduating. However, through "Kristi's

Christmas, her memory lives on.

"After her death, her mom found her diary and she had written how much she enjoyed working with underprivileged children," said senior Erin Smith.

Brown's parents decided to start Kristi's Christmas. This year, about 50 needy children from schools all around Fairfax County participated. The event happened December 10 and students from various groups at WS participated, including boys and girls basketball, peer helping, and Fellowship of Christian helping, Athletes

"In most cases, two students shared one child for the day," said senior Katie

Students from WS met with the

School and ate breakfast together. Afterward, the children went to the Burke K-mart. The Rotary Club, and K-Mart donated money and each child had \$100

each that they could spend.
"Toys were off-limits. We bought winter clothing and shoes," said

"Some of the kids are living in hotel rooms or cars,"said senior Megan Ogilvie Kristi's Christmas has become an annual event Each year, Kristi's mom

The counselors get back to her with a list sends an E-mail to schools in the county

ldren at Terra

After shopping, they went back to Terra Centre and they met Santa. Santa gave each child a gift bag filled with a sleeping bag, a back-pack, a toothbrush, and other goodies.

of 12 or so names of needy children.

Kristi was also active in National
Honor Society, Tri-Hi-Y, Class Council,



From the right: Katie Hammerer, Rachael Zukerman, Molly McFerran and Amanda Jones shopped with their children for they day.

Cheerleading, and Soccer

helping "Kristi devoted so much of her time to ping underprivileged children in our

so happy about being able to help." community," said senior Ginny Horner a Kristi's Christmas participant. "She was

#### Administration cancels Civ

Both Oakton and Centreville high schools now offer Civ as an AP class.

"The SOLs can be matched in Civ, it is the best approach," said Jim Percoco, who first started American Civ with Susan Latour.

The removal of Civ at WS has disappointed those teaching it. History teacher Laurie Fischer and English teacher Faye Bousel are able to see the benefits that American Civilization has to offer. With a class meets everyday, students can become more comfortable with their surroundings. It allows them the chance to learn

in different ways. A visual learner often thrives in this class because of its setup.
"I understand the decision: I just wish I had been invited to be more active in the process."

This decision had not only disappointed Bousel and Fischer, but also other faculty. Counselor Nancy Wright is sad to see the class go. Her son took the class under Bousel several

years ago
"I love the idea of combining history and English," said Wright. "It allows students to see the connection between events in history and the

Interature of that time period."

A faculty E-mail dated December 5th addressed concerns involving Civ and the SOLs. The top portion of the E-mail states that after looking at American civilization in terms of the SOL's standards it was decided that dropping the class was the best solution.

class was the best solution.

US history scores are low countywide, but WS has been improving. The 95 percent passing rate at Thomas Jefferson may make WS' 57 percent look low, but when compared to schools such as Hayfield, Amandale, and West Potomac high schools, WS is doing quite well. Oakton has steadily dropped six points in the last three years, but yet they still keep their American

While the faculty E-mail said "students with less maturity would not be as likely to fall through the cracks," Civ teachers say students performance is not lower in their class.
"A bad student will do bad anywhere," said

According to Smith it is not likely that the decision to cut American civilization will be withdrawn, but Bousel and Fisher say they will "make it the best year possible." Next year they both will continue to teach at WS m their separate subjects. Both intend to keep their unique teaching styles despite loosing some of the atmosphere provided by Civ.

Fischer, who is known for dramatizing histo for her students. "I will cover my standards learning as I do now and always have."

Officer Ukele

Jenny Askin

toward the cafeteria they often pass a small office across the hall. This office is not used by the but rather a police officer. is responsible for As hungry WS students walk ş the

and the neighborhoods surrounding the school. Ukele is the WS seen daily patroling the halls of WS both WS and Annandale during the Officer Micheal Uke

Olympic Development basketball team along with WS Lady Spartan basketball coach Bill Langloh.

After returning to the United States, Ukele finished his last 2 for the Embasy. As a teenage Ukele was a talented athlete playing both football and basketball. Ukele played for at Ukele grew up in Colorado and attended college on a football any where his father worked He then moved As a teenager athlete and

interested in the police force when a friend talked him into taking a years of college.

"It happened on a whim, I didn't m on being a police officer," said

As the Resource Officer for WS

enforces school rules as a laison between the school and the Police all the people in the building. Ukele works to ensure the safety for

Department.
"I receive all the reports that concern students here at WS, I then have weekly meetings where I can

Administrators," said Ukele.

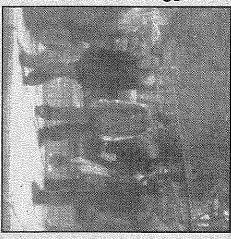
Ukele not only works inside the actual school, he often patrols the outside grounds. Specifically in the neighborhoods where many WS students park and often smoke. dents call me quite a bit of the smoking," said

because of the survail.

Ukele, "Smoking is my biggest headache at WS because I get the decidents." don't appreciate the trash that the students leave behind." several calls because the residents

lighters that have been confiscated. He keeps all the confiscated items in a large bag, and empties it working in his office, adjacent to the cafeteria. In his office Ukele keeps a collection of cigarettes and often can be found

county Police Force, Ukele participates in a program that helps get kids off the street and into As a member of the Fairfax County Police Force, Ukele



Officer Ukele is often found at Sherborn and Grigsby catching students smoking off school grounds, but still under school rules.

activites. Ukele distributes free tickets to Georgetown Basketball games, along with Wizards and Caps tickets. Anyone who is interested can stop by his office to pick up a few tickets.

Department for 21 years, including a few years working in the gang unit. For the most part, his career has been involved with the schools. Ukele thinks of himself as a laid back person who In his fice time Officer Ukele likes to spend it with his wife and his two children. He has been in the Fairfax County Police Department for 21 years. wants to help whoever he can. As high school students become more familiar with drugs like

"I have an open door policy, anyone can come by for help, but keep in mind I will put my two cents in," said Ukele.

College students visit WS

The Career Center held a lunch for using college students on January 5. Former WS studnets came to talk about thier college

Financial aid program
A meeting for parents and
students was held in the
cafeteria at 7 pm on the
10th. Financial options
were presented to familes.
The discussion is held
yearly to help out the
familes with students going

George Mason opens its doors
A technology internship fair for college
and high school students at George
Mason January the 5. Positions were availabe for the surrounding area

**Update** 

Key Club blood drive rescheduled

The blood drive scheduled for December the 20th has been moved to February the 22nd. A snow day caused the delay, but arrangments have been made for 2 RV's to be at WS to receive blood. The Key Club normally expects over 100 people to participage, but they hope the number will increase since more people have had a chance to turn 18, the minimum age to donate blood.

# our Seasons serves first ladies' recipes

By Jennifer Schonberge

With the grueling and seeming never-ending election over, DC is gearing up for the 43rd presidential inauguration. The Four Seasons Hotel is also joining the celebrations.

The prominent hotel at 2800 Pennsylvania Avenue NW will be celebrating the occasion with

afternoon tea featuring recipes from those of the past first ladies. Tea will be served in the newly

renovated Garden Terrace Lounge.

"The last time I went to tea I was 9 years old," said senior Elizabeth Younts. "Iloved it and would love to try it again. This sounds like a great time to try it again."

The Four Seasons celebration began January 8 and runs through February 4. Tea will be served Monday through Saturday between 3-5 PM and

to attend and have from 4-5:30 PM on Sundays.
"I think it's a great idea," said sophomore Monica
Bermudez, "I \_\_\_\_\_\_\_\_\_ would love taste

a n d \
chef Doug incorporate new recipes into the regular tea menu Betty Ford's banana-blueberry bread, Nancy Reagan's Viennese chocolate bars, and Barbara Bush's chicken salad.

'Having tea is old-fashioned like the presidential v i d executive McNeil plan to Based on research conducted Rexford summer

inauguration," said senior Aaron Brantley, "It's a great way to keep the history going, but it's not my cup of tea."

The chefs are also including creations from their predecessors going all the way back to Dolly Madison's caramel layer cake and Martha Wiching and Carameters.

Madison's caramel layer cake and Martha Washington's cherry short bread.
"I think it's a great way for the hotel to celebrate the inauguration," said sophomore Angie Arbia. "In a way it gives us a glimpse into the private lives of the first ladies."

Reservations will be required for tea, which is priced at \$25 per person. The tab also includes a booklet of the ladies' recipes.

"I think it's a really cool idea," said junior Paul Lee, "It would be interesting to taste the different recipes. I bet they're great cooks. I'm getting hungry just thinking about it!"

## interests start clubs Personal beliefs and

to start a new club. Linc modernts of the Recylcing Club, students interested in Middle Eastern and South Asian culture have worked hard to maintain interest and involvement Frustrated with the lack of recycling at WS, seniors Sara Benjamin, David Glazer, and junior Jessie Freer decided that they wanted to start a new club. Like the founders

"Starting something new is hard," aid Benjamin, "especially at such a

hig school."

After history teacher Allison
Kopkau agreed to be the sponsor, the
cofounders set up a back-to-schoolnight booth, explaining the club's
mission and goals. At their first
meeting, club members decided on fund-raising ideas and drew up a club constitution.

"At first, not many people showed up. We wanted to draw in as many people as possible, so we decided not

to have club dues," said Benjamin.
In an effort to start new recycling programs at WS, members of the club plan to paint trash cans advocating These trash cans, to be used for recycling aluminum cans, will be emptied by students. The emptied cans will be donated to the fire department, recycling and a clean environment. These trash cans, to be used for who will then use them to raise money

for burn victims.

The club also plans to spread its message to the community by starting outreach programs in elementary and middle schools. These programs are intended to help spread awareness and encourage more students to recycle.

A challenge most new clubs face is finding the money they need to support their plans. The Recycling Club made \$120 by selling hemp necklaces at Spartanfest. Another new club, the

Middle Eastern South Asian club (MESA), made \$390 by selling food and painting Henna tattoos.

Like the recycling club, MESA officers found it hard to increase

everyone together and get them involved. You have to work together as a team," said President Priyanka rticipation.
"It is hard to bring

students created a club called the Indian Heritage Club. The club, unsuccessful then, has now been brought back under the new Two years ago, a few

have broadened it. It is not just limited to people from Asia though. It is for everybody," said Saraff. name MESA, and with chemistry teacher Dr. Barinder Deu as sponsor.
"A lot of people thought it was just for Indians, but with the new name we

b The club's goal is to help new of students who come from foreign to countries in the Middle East and South 1. A Asia, and to also spread culture of throughout the school. The club plans



MESA club officers Famati Razi, JD Kaleem and Priyanka Saraff conduct a meeting in the career center.

st and put together a cultural show.

St Both clubs, Recycling and MESA,

plan to overcome the challenges of

starting a new club, to achieve their

goals and spread their messages.

"I saw a definite need for the this

w club [recycling] in our school. I am

n truly excited about the level of

involvement and dedication shown,"

said Kopkau. "We're going to do great

things this year."

#### ashed potatoes for People find comfort in different the so TOORS

By Caitlin Marvin Managing Editor

A heaping pile of mashed potatoes. Hearty beef stew simmering away on the stove. Cold macaroni & cheese stuck to the bottom of the bowl. Vanilla ice cream covered with rainbow sprinkles.

Comfort foods take us back to when life was

easier, when someone else made the hard choices and when nobody was obsessed with calories.

Comforts foods provide a link to happy times

for the eater.
"When I'm feeling down, I open my freezer and dig into a pint of Ben & Jerry's Cherry Garcia,"

said senior Michelle DiFilippo.

Johanna Burkhard, the author of The Comfort
Food Cookbook, studied the comfort food

"What I found is that we make our food choices early in life and our likes and dislikes are formed at a young age and carried through into our adult lives," said Burkhard. "That's why we tend to like the wonderful dishes like stews or a comforting bowl of soup because there is a familiarity around them."

Comfort foods differ by gender. In a survey of 1,005 consumers, men and women both selected ice cream as their favorite comfort food, but then



women named chocolate and cookies as their secono and third favorite choices and men named soup and

pizza and pasta.

These foods also differ by age. People the ages of 18 to 34, preferred ice cream and cookies, those aged 35 to 54 preferred soup and pizza, and those older than 55 named soup and mashed potatoes.

Although there are a number of reasons why



certain foods became comfort foods, two reasons stand out—past associations and personality identification. For example, because a person recalls their father liking green beans or always getting ice cream after their baseball team won a game, they are more inclined to eat those foods.

People are also drawn to food products which are seen as consistent with their self-image.

"I love mozzarella sticks. I get them every time I go out to eat. They are very comforting," said sophomore Johnny Styron. "I like to think mozzarella sticks bring out the best in me."

Although comfort foods tend to be high in fat content, it doesn't stop people from consuming or enjoying these meals. Ice cream sundaes, mashed potatoes and Whoppers can't satisfy like the simple, old-timey foods.

### ilitary students make their rounds

By Angela Fiorino

Moving is what they do best. They live in many places over the course of a few years and hardly ever get a chance to settle in one place, make friends or get to know their

"I really don't know any other way of living because the longest that I stayed in one place was three years," said sophomore Lisa Marvin who has lived in Springfield for 5 years. "And when I moved it wasn't weird because everyone else on the base was moving too."

Its not an easy thing to move a lot because settling in one place then having to pack up all your stuff again and move somewhere entirely new is not fun. However there are some people who enjoy leaving an old place and going somewhere new.



Senior Sara Anderson has lived in Hawaii and Korea

"I really didn't mind the whole moving part of it all, as in packing all our stuff up because I liked starting over and going to a new place," said senior Sarah Anderson.

To some, moving all over the place may not be the ideal life-style but there are others who actually enjoy it.

Moving around and seeing different places all around the



Junior Jasmin Wilkons throws her habds up.

world is intriguing for some. A lot of times teenagers get to experience different life-styles and cultures in high

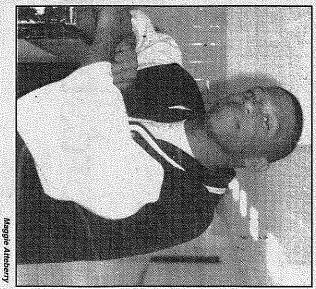
school especially if they move overseas.

"I really enjoy moving and seeing new places and meeting new people but I really don't like the part when I have to leave all the friends that I made," said junior Jessie Kulp. "This summer I am moving to Portugal and I am kind of scared because it is a whole new culture and lifestyle and I don't know how people will act. Plus I don't know any of the language."

There are several different military assignments and some can be as short as one year. The one-year

assignments are called remote assignments and they are not usually given to married officers with families because of the lack of the facilities needed for children such as schools, medical and dental care. The regular assignments that are given to officers with families are usually three years long and most of those assignments are in Europe but they can also be in places in the US or

"I am glad that I have finally settled in one place," said Marvin. "I think if I moved now it would be harder since I have been here for about five years and made so many friends. I enjoy traveling but I'm glad that I am settled in one place."



Sophomore Steven Lewis has moved a few times to different places.

# fudents make waves

WS expresses talent through the Internet

By Priyanka Tandon
Business Systems Editor

As the page opens on a computer, a familiar name of a WS student appears on the screen.

Several students have their own web pages. For some students, their sites provide a creative outlet. Each site has a personal meaning and style.

Junior Jessie Chesnutt operates two websites. One is her own personal page that includes messages to her friends and is updated more often than her other page. Her second site is for movie buffs like her.

"I love movies. I do reviews and have eight different genres on it like old, new and kids," said Chesnutt.

Another student, senior Wil Stunkle, maintains his own

page. Stunkle's site is updated about two to three times a week and reveals his poetry and religious beliefs.
"I was bored and I just wanted something to let out my creativity," said Stunkle.

While some students have their own sites, junior Nick Clapsaddle has a family site. The website has no specific purpose; it just has pictures of his parents helping in the

"I think my dad just made it to keep up with the Internet trend," said Clapsaddle.

For junior Mered th Galemore, expressing her creativity is not the only benefit she receives from her website.

"My site has my photography portfolio and writing, but I've also made lots of friends through it," said Galemore.

Similar to students' websites, physics teacher Ed Linz maintains a website which allows people to write his own obituary for free. The site has personal meaning because Linz had needed a heart transplant, which he received

just in time. "After my transplant I was lying in bed one night, when

### earning history the applied way

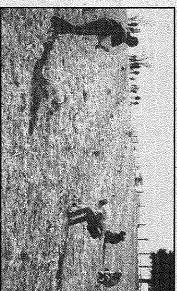
By Julie Davis
ETC. Editor

Applied History teacher Jim Percoco designs his own curriculum. He has no guidelines to follow and no standardized test to give—and his students love every minute of it.

"The ma aterial learned is more in depth," said Percoco

"I change the course a little bit every year, and I decide what to include and exclude."

Applied History is far different from any main stream history class. It is a one-of-a-kind class, found only at WS. To be admitted to the class, an application is required at the end of junior year, along with a recommendation



Applied history students explore the field for artifacts

from the students' history teacher. There is only one class of all seniors, so that only leaves room for approximately 30 students.

"I think it is a wonderful class," said senior Mike Crochet. "The application process was long, but it's a very intense course—it pays off to be in it."

For the first semester, students reviewed selected pieces of history, wrote about taboo history topics, made group photo essays, and went on various field trips. New this year is a Civil Rights memorial competition and an extensive paper on the Civil Right movement.

"It helps me learn about the time period in an unconventional, interesting way," said senior Rebecca Szewczuk. "There is a big difference between US history and this class."

and this class

The second semester is the one most anticipated by the class members. They intern at various historical sites.

including Ford's Theatre and Sully Plantation.

Christine Peters, a 2000 graduate of WS and freshman at Mariam College in Maryland, remembers her internship as one of the most incredible experiences of her life. She worked at the Octagon Museum in DC. There, she helped preserve and filed antique photos. She also helped with setting up exhibits

"I worked a lot with famous photos," said Peters, "The most memorable though was when I saw and handled the first photos ever taken of Egypt."



Senior and web serier Wil Stunkle looks at his website to update it for his friends to check out.

I shot up and said, 'What if they don't get it [obituary] right!' That was my inspiration for obitnow.com,' said

Obimow.com has been running for a few years. I addition to writing their own obituary, people can express

their last wishes, burial location, whether or not they want to be an organ donor or be cremated. This information can be password protected if the user wishes. Writers can also have a picture of themselves with a charge of \$20.

Websites can be a business with personal meaning, offer a way for people let the world know about themselves, and also provide a place for people to release their creativity.



Applied history students pose during a trip to battlefield.

Applied History promotes a different type of learning Senior Deanna Tobin enjoys the class because she can benefit from the way the material is taught.

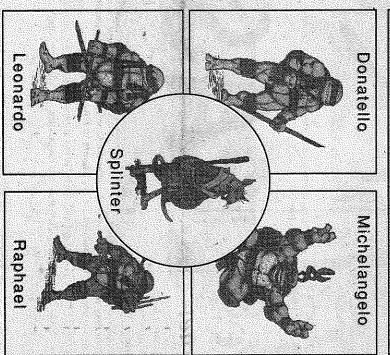
"You learn for yourself, not for a textbook or a teacher," said Tobin. "Mr. Percoco is an incredible teacher. He makes the course so much fun because he is very enthusiastic and loves his job."

This year, the class has visited Gettysburg, PA and toured various battlefields. In Antietam, MD, the class got the opportunity to participate in the Antietam illumination ceremony, in which 23,110 candles were lit for every solider wounded or killed in that battle.

"Driving through the dark, seeing the light from the candles made me realize how many people died," said senior Alyson Olivar. "It was like a never-ending ocean of candles."

good old days? Saturday mornings full of carabout our childhood memories Oracle could not help reminscing phenomenons...these were the toons and radios tuned into the from the late '80s and early '90s. With the start of 2001, The teenie bopper

and the worst of our childhood ... COWABUNGA DUDE! Take a closer look at the best



#### Head back to the sewers Turtles and teenagers

By Emily Morris

of little kids everywhere. They were turtles and for many years the Teenage Mutant Ninja Turtles (TMNT) not only ruled the (TMNT) not only ruled the sewers, but the lives of our younger versions. Red, purple, blue and orange Their colors lit up the televisions

grew up to be human-sized. They then lived in a sewer with a very wise rat, named Splinter, who was also human-sized. They had only refresher course: There were four turtles: Donatello, Michae-langelo, Leonardo, and a ra-named Raphael. They were turtles that were poisoned and For those who were not big fans of the show, or cannot remember that far back, here is a one human friend, a newscaster named April. Their evil enemy

The turtles not only crushed evil, they also fought the challenges of ordering a pizza. Since they lived in a sewer it was difficult, but they managed to do

The turtles had their own cartoon, and enough merchandise

to fill many toy stores and play rooms and bedrooms.
"I had the toy blimp and

pajamas, Michaelangelo davorite," said senior Nicl Not only toys, but a were also very big. Pa Halloween, T-shirts, ha shoes were also available to any die-hard TMNT fan. said senior Nick Pizzo Pajama

anymore," sau sur Boone, "Back then, I do. But I do not watch them anymore," said sophomore Sherri it was th

TMNT they moved from cartoons to the big screen. The turtles then came out with another movie while their cartoons cool thing to do, and Michaelangelo was the best." fame

continued to soar to success.

Then their diehard fans grew older and TMNT grew out of

style "I really liked the the enemies were always beaten and then ran-away," said senior Aaron Wilkins. "But then it was

By Katie Walker
Production Editor

back memories for WS students These musicians were some the artists of their youth who mos The names New Kids on the Block and MC Hammer bring some the who most

WS students loved to listen to in the late '80s and early '90s.

The most popular of these groups was probably the New Kids' on the Block. The five member boy band consisted of Joey McIntyre, Jordan Knight, Joey McIntyre, Jordan Knight, Jonathan Knight, Daniel Wood, and Donny Wahlberg. The group combined pop and rap to produce a number of hits in the late '80s

and early '90s.

The NKOTB hit the Top 10 with "Hanging Tough," "You've Got it (the Right Stuff)," "I'll Be Loving You (Forever)," "Please

Littlepage. 'had cool c clothes. successful single.
"I loved the New Kids on the Block," said junior Amanda Step by Step' was the

best song."
In 1994, the NKOTB split up to pursue solo careers. McIntyre is still singing and recently came out with a new CD.

Another artist that was popular when WS students were young was "Please Hammer Don't Hur 'Em," and "U Can't Touch This' was MC Hammer. His big as played nonstop on the

Hammer has spent the last few years as a preacher.
In the early '90s white rapper Vanilla Ice hit number one with "Ice Ice Baby." He is still

rapping, and released a new CD, "Hard to Swallow," in 1998.

Formerly Marky Mark of Marky Mark and the Funky Bunch, Mark Wahlberg quit his "Music for the People," achieved platinum sales in 1991 and Marky Mark became Storm." His debut "Music for the F known actor, starring in many films including "The Perfect Storm." His debut album, famous for his rapping and pants nd is now a wellalbum,

Base, and also Criss Cross whose signature was to wear his clothes backwards. Other popular artists included Paula Abdul, Ace of dropping on stage Other popu

like 'I actually used to listen that?'" "It's funny to look back w," said junior Laura Ogborn to look back



Kids on the Block captured the hearts of many girls during the late '80s with their teenie

# Big hair and Keds; not dressed to impress

Caitlin Marvin

me with a spoon" and "tubular". The girls with their checkered high tops and slouch socks, the guys in their British Knights and Swatch watches, and everyone in pegged jeans. I, on the other hand, In the late '80s, I thought everyone was cool. The teenager hung around the malls, throwing at six years old, could on of being so fashionable. round classic phrases could only dream

I attempted to copy the teenagers by wearing t-shirt clips and slap bracelets. I wore layered socks and black Keds And of

course, I had my Debbie Gibson Electric Youth t-shirt. I had a teal jean jacket covered in pins and limed with polka dots. The only thing I had to perfect was my hair. Guys (and sometimes girls) had mohawks, buzz cuts, and rat tails

styles on girls were the wild perms and mile high bangs. I never could get my bangs to stay up no matter how many cans of Rave I used. The most memorable hair-

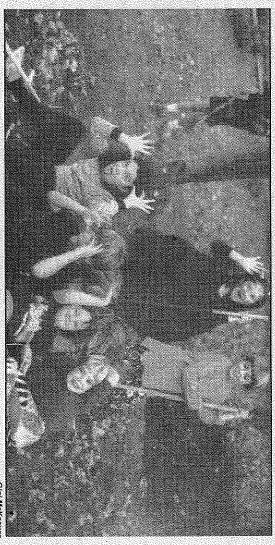
gested I just get my bangs permed. It turned out horrible but I did get However, I did get the perm. My mom, wanting to make sure my hair would take the perm, sug-

After a few months, the perm worked itself out and I returned mile high bangs- mile wide too. to the '80s bob

I continued to listen to
Debbie Gibson and wear neon
green skirts until I traded it all
in for stirrup pants and Ace of

vided me with hours of laughter, reminiscing over the styles.
I'm glad it's over. The '80s are long gone. And hough that decade has pro-

the not-so-tubular things we wore, makes me think, gag me with a spoon Just thinking about some of



Future WS students and friends display their early '90s clothing style as they rest from raking

early and late 200



Barbie Doll." I had a Jordan Knight "New Kids on the Block.





were the green in the world Parachute pa Tyler Chri



### playing with

The kids growing up in the 21st century are missing out on a lot—slap bracelets, My Little Ponies, roller skates, Transformers, the list could go on. Arguably, no other decade produced as many cool toys as the '80s. You needed to have something to play with while wearing your Gitano tight jeans and slouch socks, right? The toys we played with as kids were as fun as the crazy stuff we wore.

Remember slap bracelets? This unisex (yes, I saw guys wearing them) accessory was actually a piece of venetian blind covered in neon-colored fabric. I had about 10 different ones and wore them all the time. that is until the big lawsuit came out (slap bracelets can easily poke your eye out, as one kid discovered) and my mom made me throw them all away.

For the guys, Transformers were the big thing. I remember watching hundreds of commercials showing those big plastic robots that turned into a jet or an animal at the push of a button. Hey, two toys in one wort can't beat that

that safety equipment when you can just tie up your roller skates and stop safely with the big rubber "brake" on the toe? And no '80s birthday party would be two toys in one, you can't beat that.
Roller skating, too, has sadly gone
"out." Who needs Roller Blades with all

complete without a trip to the roller skating rink. Nothing says fun like a good old fashioned dance of "hokey pokey" in the middle of the rink...you might even win a free hot dog at the

concession stand!

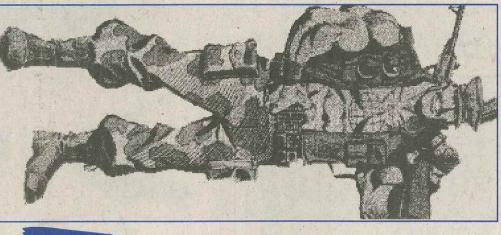
Barbies and My Little Ponies, as well as My Buddy and Kid Sister, have also

become less popular today. Too bad I had about 30 Barbies and 50 My Little Ponies when I was younger. The Barbie ice cream parlor and dream house that I played with for hours at a time are now unused and the pony nursery and corral have been abandoned for years.

So what are kids playing with now? Cabbage Patch Kids? Nope. Power Wheels (now you're driving for real")? Nope. Play-doh? Nope.

Today it's all Pokemon and Beanie Babies. And don't forget the computer games. I didn't even know what a computer was until I was 9. Now, 3-year-olds are playing "Blue's Clues" games on the home computer.

So what has happened to the Family Double Dare home game, the Simon (high-tech electronic color test of memory), or the Where's Waldo books? Well at my house, they are all just sitting on a shelf getting dusty in a closet. Oh sorry, but i have to go now...Pokemon is on TV and I have to finish my Harry Potter book by tomorrow. Please, priorities today, people



#### 10x Remembering the original Baby-sitters Club 学 idea...and then

By Amy Whipple

A few weeks ago, I was shopping for my little sister's Christmas present and I found something that brought back about a thousand memories: The Babysitters Club.

My little sister has been reading these for several months now, so I figured a few books would make a nice gift. I was racking my brain for the ones we already have when I saw that the club disbanded in November 2000. I bought the last book for myself, figuring if I own the first, I might as well have the last.

It has come to my understanding that these books are not as popular now as they were in the '80s. The series, started by Ann M. Martin in 1985, didn't enter my life until I was 6 years old. By that

artoor

time, book #41, "Mary Anne vs. Logan" was new and HBO had started a TV series based on the books. I thought this was the be-all, end-all of books. I guess there is something more exotic about

there is something more exotic about Harry Potter than there is about seven girls who babysit all the time.

But still, what could be better? I know countless people, me included, who thought that they, too, could have a babysitters club of their own. What a moneymaker! The thing is that it doesn't-work that way in real life, especially since Springfield is nothing like Stoneybrook.

Even if my club never got anywhere besides my mind, I'm still impressed that an original four-part series mushroomed into 213 books, an actual movie theater movie, a game, a fan club, and

has been translated into 19 different lan-

daughters go to Europe, California, the beach, and who knows where else alone. I'm not really sure why I feel a little empty inside when I found out that Mallory went off to boarding school and Dawn moved back to California for good. And I would like to deny that I ever wanted to dress like Claudia, but that's another story altogether.

There's something about the '80s encapsulated in books like The Baby-sitters Club. There's so much innocence and creativity among the four girls in the original books that just makes me want to wear my hot pink Spandex. OK, not quite, but still didn't like in guages.
I'll never understand why a bunch of parents would let their 13-year-old

Stoneybrook seem perfect? They didn't even have "real life" issues until much later in the series. Even those had the sugary sweet everything-works-out-in-the-end plot. Isn't life so much better when things work out that way?

The books may be long gone from my life, but there's still that little piece of my heart that remembers when my life used to have those same sugar-

coated endings.

Since I'm sure none of you plans on going out and reading the last book, the club dwindles back to its four original members, and, yes, they are finally getting out of the eighth grade. Only with the end of their middle school days means the end of the most popular club to ever hit the '80s. But it's one club that we all could be a member.





because they could surf in the bathtub." Courtney Uram, 10



to a rock star could change Maggie M

Holograms'

stensen, 10 atest invention of pants." nts. They





Cruise. "Top Gun.' Duh, Tom





a super actress. I think Molly Ringwald is 'Sixteen Candles' because "The Breakfast Club" and

Rachael Zukerman, 12



#### Saturday norning tavortas

By Angela Fiorino ETC. Editor

We all watched them when we were young but most of us don't like to admit that we dressed up like the characters, had their lunch boxes, religiously watched the shows every Saturday morning, and knew every word to the theme songs but we all did.

There were lots of cartoons that we watched when we were kids and they have stuck with our generation all through high school. Some classes at WS have

even chosen some of these even chosen some of these characters as their mascots.

The juniors have Scooby Doo and the seniors have Space Ghost, two of the popular cartoon characters that were famous when we were young. We all remember Alvin and the Chipmunks, Rainbow Bright, Inspector Gadget, Ninja Turtles, Thundercats, The Smurfs, and of course "Sesame Street."

my favorite channel," said junior Jocelyn Reed. "I used to want a fox just like Swift."

These cartoons were what

with our dogs or dressed up our dolls and pretended to save the do. Inspector Gadget, Superman or any of the other superheroes from these cartoons. We played We liked to pretend we were

"I used to be a hard core 'X-Men' fan and I used to pretend like I was Jean Grey," said sophomore Heather Strobel.

We all remember the days when all we had to worry about

was what kind of snack mom was going to give us while we watched the Saturday morning lineup. Those days were fun and unfortunately now we have more important things to worry about

eryday and Nick

These cartoons were what spiced up our childhood days and we had them to look forward to on those Saturday mornings when mom was still asleep or when we had nothing better to cartoons.

"I am still infatuated with cartoons and I watch a lot of the Japanese cartoons such as Evangelion," said sophomore Ivan Collich.

It is still fun to kick back, relax and take a peek back on our childhood. Whether or not we still watch these cartoons at least we will have them to always look like when our homework is due or when we will be able to study for those tests and rarely is there any time to watch our good old

back on and help us remember how much fun our childhood was. Even though most of us can't find time to watch these shows anymore, a lot of teenagers still have a lot of the memorabilia from these shows like the dolls, the "Tickle-me-Elmos" or the posters.

"I still have a collection of smurfs in my locker and I have a lot of the action figures from Spiderman and other cartoons at home," said junior Ryan Nichols.

"Toys are fun."





#### How rude! out! Have mercy! 25mo rean

By Jenny Askin Production Editor Thinking of memories, laughter, and good times of a The hit TV show "Punky Brewster" was about the life of Punky, an adventurous girl with a wacky wardrobe, she was famous for her "pony tail" 'Full House

In the olden days, you know the '90s television was chock full of television that entertained us. During the early to mid '90s "TGIF", "Full House", and "The Teenage Mutant Ninja Turtles" were the "coolest" shows to watch. This time period was when TV was not full of violence, sex and drugs. "When I was younger, TV was more positive, I loved watching the cartoon 'Transformers'," said senior Cara Abbruscare

Abbruscato.

A show on the ABC network featured a fun-loving family from a town in San Francisco, who always found a way to make us laugh. The Tanner family, complete with their golden retriever Comet were the stars of primetime television's "Full House". Many of the female WS students had a thing for the hearthrob of the show; Uncle Jesse.

"I used to have the biggest crush on Jesse, I thought he was so cute," said junior Marisa Nomi.



"I grew up watching "Punky Brewster", when I was in elementary school I would come home and turn it on as soon as I walked through the door,"

Michelle Tanner, played by Mary Kate and Ashley Olson, eats spaghetti. "Full House" was a favorite show of many in the early '90s.

The show's series finale aired in 1995, leaving fans of the show upset and stunned. Some of the stars of the hit show have continued their television career, for example actor John Stamos' television movie "How to Marry a Billionaire" aired a few weeks ago. Also,

DJ aka Candace Cameron is now married to a professional hockey player and is a mom.

Television was a big influence in



pigeon." Emily Allen,

because he dances like from 'Sesame Street' "I would like to be Bert

Television was a big influence in growing up. We were hooked to other shows like "Punky Brewster", "My Little Pony," and the "Smurfs."

on as soon as I walked through the door," said junior Danielle Glanzmann.

The show the "Fresh Prince of Bel Air," was an instant hit when it debuted in the early '90s. The crazy antics of main character Will Smith instantly made him a star. His constant criticism of his cousin Carlton made all of us laugh at his wittiness.

Today, television has gone through a transformation, some think for the worst. With the flood of reality based shows, just like our childhood it seems as though the family oriented shows of the '80s and '90s has faded away.

"Unfortunately, there is a lot more violence on TV now because our society is changing and is going down hill," said junior Jon Kunzman.



the best. Thundercats, Thundercats, hoooo!" Will Freakley, 12 The Thundercats were Mark Borcherding

iller,



### Students take advantage of music technology

It has rocked the music world and turned it upside down. The Internet has changed the face of music and how listeners find entertainment.

Music has moved from records, eight tracks, tapes, and CDs to MP3s and rerecordable CDs.

The Internet boom has led to a new

internet sites, such as SonicNet.com, Spinner.com and NetRadio. These types of stations allow listeners to pick Radio own is now broadcasted live on music

to have something playing when I am on the computer," said sophomore Stephanie Morris.

Concerts once too far away or too "I listen to the radio on the net just have something playing when I am

online. Madonna was in London singing in front of 3,000 people with the average cost to see the show averaging over \$2,400. However, with the help of Done and Dusted, a expensive for fans to attend can be watched from home for free thanks to the Internet. This past November, Madonna had a record breaking 9 million people tune into her show online. Madonna was in London

production company in London, the concert was aired on the net allowing tans worldwide to see her in a 29 minute

Madonna is not the only artist using the Internet to her advantage. The Backstreet Boys have put out a single only available on the Internet. A song entitle "Thank You"

was available to their fans up until the day of their release of "Black and Blue," their latest CD. Also online with the song was a music video of "Shape of My Heart."

The Internet has not only allowed music lovers to see concerts and create their own radio stations, but has also enabled fans to stay on top of their bands and new music.

CDNow com allows its viewers to check out the latest CDs through short music clips and online reviews. With the aid of sites like this, listeners learn more about the music they really enjoy.

"I go to CDNow and sometimes I see a CD I didn't know was coming out and get excited," said junior Emily Finerfrock. Sites like Napster and Scour have also changed the way listeners get music. Both offer MP3s for free. Although Napster has been involved in several controversies, it is still the fastest growing music site.

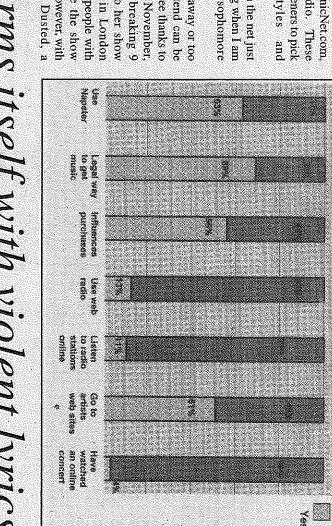
"I use Napster a lot," said junior Tejas Sinch "I get live stuff and music that isn't

available on CDs "I get live stuff and music that isn't

way to get music. Whether it is due to a shortage of money for music or the love of only one song, listeners have a way to

Burning a CD has become

of only one song, listeners have a make their own CDs from home.
"I do it if I only like one song CD," said Finerfrock, "I don't v song from



# Rock arms itself with violent lyrics

By Roberto Garcia

Fans have always imitated the actions, styles, or lyrics of their favorite music stars. From Elvis impersonators to the Britney Spears "school-girl" look, some fans like to impersonate these stars.

However, there some people who admit and imitate something a lot more serious in their favorite music stars—their violent

lyncs. Recently, two members of the music world have been the target of harsh criticism concerning their lyncs. Rock star Marilyn Manson and rapper Eminem have taken the heat from critics, who say that the violence in their music has serious effects on their listeners.

"Some teenagers are insecure and very impressionable," said WS teacher Ann Lam. "Today's media and music can have a dangerous impact on students who are unstable."

15 students, including themselves, at Columbine High School outside Denver. Shortly after, reports surfaced that the two Manson first got serious criticism in 1999 after two teenage gunmen, Eric Harris and Dylan Klebold, shot and killed fans. In response, show in Denver and

issued a statement concerning the shooting "It's tragic and disgusting anytimyoung people's lives are taken in an act o senseless violence. My condolences go out to the students and their families," sai

However, the criticism didn't end there By refusing to change his lyrics, Mansor believes he has been forced to become a Manson

recluse by the media.
"Its become hard for me to go anywhere."
"Its become hard for me to go anywhere."
"The become hard for me to go anywhere."

"Its become naru was the because people are still wrapped up in the post-apocalypse of Columbine, and I'm getting blamed for everything that was violent in the world," said Manson.

Within the last few months, rapper Eminem has received more criticism than

""""

His latest album, "Marshall

Manson. His latest album, "Marshall Manson. His latest album, "Marshall Mathers LP," is filled with lyrics supporting rape, murder, and the defamation of homosexuals. In a hearing before a Senaté committee investigating how violent imagery is presented to young people, Lynne Cheney, wife of vice-president elect Dick Cheney, attacked the rapper, saying his lyrics "promote violence of the most degrading kind against women."

women."

Cheney specifically emphasized on the lyrics of Eminem's track "Kill You."

"He begins by describing the

satisfaction of raping and murdering his mother and then goes on to imagine the joys of murdering any woman he might come across," Cheney said. "'Wives, nuns, s......,' whoever 'the b.........' might be, he will kill them slowly, leaving enough air in their lungs so their screaming will be prolonged. He will paint the forest with their blood. 'I got the machete from O.J.,' he shouts, 'B...........I'm a kill you.'"

Senator Joseph Lieberman also testified in front of the Senate committee, saying

that the entertainment industry is engulfing that the entertainment industry is engulfing young Americans in a "culture of camage."

Despite the potential violence that this type of music is being blamed for, both artists have had continuing popularity. Both have had impressive record sales in the past year, and Eminem even received for Grammy nominations.

"Eminem's lyrics might be controversial, but at least he's speaking his mind," said junior Ryan David. "It's cool to see an artist who doesn't care about the critics, but is just interested in the music."

On the other hand, some argue, music is just music. Many believe that teenagers just use violent lyrics as an excuse for their actions.

"People need to take responsibility for their actions and stop blaming musicians



Eminem continues to cause controversy over his violent rap lyrics.

for everything," said senior Stephanie Cramer.

Whether or not violent music can have an effect on a teenager's actions is still being debated in Congress. While most agree that teenagers do idolize stars, it has been difficult to prove that a simple song can drive someone as far as murder.

In Columbine, for example, those two soys were going to kill whether they had theard Marilyn Manson or not," said junior Casey Cross. "No musician's work is so influential that it could result in such a terrible crime."

#### 'Unbreakable' mirrors modern times

By Eunice Han

"Unbreakable" is a modern day movie starring Bruce Willis and Samuel L. Jackson. This movie is written and directed by M. Night Shayamalan, who also directed "The Sixth Sense."

In "Unbreakable," Willis plays the role of a security

guard named David Dunn. He is married to his college sweetheart, physical therapist Audrey (Robin Wright Penn), and thinks of leaving her and their 12-year-old son Joseph (Spencer Treat Clark).

Dunn wants to end a certain sadness he experiences daily and thinks that a divorce would take care of it. As

he travels back from a job interview in New Yo train derails. Dunn is the sole survivor, the oth passengers die. He doesn't even have a scratch in New York, on

body.

Elijah Price (Samuel L. Jackson) is Dunn's opposite.
He was born with two broken legs and spent years of his

life in hospitals.

He suffers from osteogenesis imperfecta: his bones have very low density, he "breaks" easily. In his childhood, kids called him Mr. Glass. Dunn never broke

rvivors of accidents and believes that there are people menon of sole

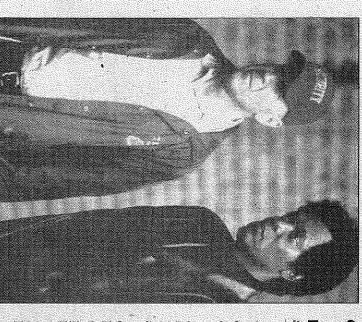
who are "unbreakable"

Whatever gave him that idea? Comic books. Price
Whatever gave him that idea? Comic books. Price
believes that superheroes exist and he's determined to
find one. Hence, he visits with Dunn, asks him questions,
and ultimately makes him understand his gift and place

books; how many are sold each year and so on. Price starts to read and collect comic books (something that Jackson has in common with his character) as a kid and never gives it up. As an adult, he owns a gallery that sells limited edition comic book art. The role was written with Jackson in mind and the actor plays the obsessed Price with great intensity and sensibility.

Willis once again shines in the role of a parental figure. He is amazing as the reluctant hero with everyday problems, who shares his secret with his son.

Unbreakable fits well with the dark, more introspective time of year. For once, you won't find lines like "We need to talk" or similarly overused fillers. As Price points out, "We live in mediocre times." Well, there's hope. It seems that creativity and subtlety isn't dead after all. Shayamalan opens the film with statistics about comic books; how many are sold each year and so on. Price starts to read and collect comic books (something that



Bruce Willis and Samuel L. Jackson star together in "Unbreakable."

#### Hollywood lights Phoenix and Chris Farley, drugs are still very much associated with the Hollywood crowd drug and alcohol

By Jenny Braudaway Weekend Editor

Hollywood is known for its glorification of drug use. As pointed out by Bob Dole's 1996 anti-drug campaign, movies such as "Pulp Fiction" and "Trainspotting" glamorize the lives of drug users, and make it appealing to an easily

influenced pop culture.

But in recent years the entertainment industry has cleaned up its act, creating films that show the true nature of drugs and alcohol, such as the fairly recent film "Requiem for a Dream," that depicts the ugly and tortuous life of a heroin addict.

In real life, however, drugs, ugly side and all, continue to pose a problem among Hollwood talents.

Angelique Davis. "They're not setting a good example, and little kids who watch them could follow in their footsteps."

Even after memorable drug-related deaths of such great artists as River Angelique Davis. think it's stupid," said sophomore lique Davis, "They're not certing a

Downey's case was highly publicized, but only one of many in Hollywood. Other recent cases have been that of "Newsradio" star Andy Dick and actor Eddie Furlong.

Dick, after spending time at Promise famous drug rehab clinic in Malib

cleaned-up image. However, in November he relapsed and was arrested after being found in the Merv Griffin Resort with nearly five grams of cocaine. The public was stunned with the news.

"He's one of the best actors, and it's too bad drugs are destroying his career," said senior Maggie Hoban.

Downey's case was highly publicized, a sunt on "Ally McBeal," a film in the works to be directed by Mel Gibson, and Glamad .... seemed to be getting back on his feet with a stint on "Ally McBeal," a film in the from Corcoran State Jail, in Corcora California, after a year-long sentence I drug possession. After his release, Downey Jr. who was released in August year-long sentence for After his release, he alcohol problems in the past include Martin Sheen, his son Charlie Sheen, Michael Douglas, Tim Allen, and Christian Slater, a clear example of the prevalence drugs have in the Hollywood lifestyle. publicist that he needed help.

retreated to his old ways as well, getting arrested for cocaine and marijuana possession in May of 1999. Furlong, known for his party-going ways, checked himself into the same cliniç this year after

The most recent case was that of Robert

Other stars who have had drug and holoroblems in the past include Martin

"I think it's sad that people who are supposed to be our role models aren't the perfect people they are portrayed to be," said junior Judith Pulman. "It's also sad that after all the money they 've made, they have to resort to that."

Whether the lifestyles of these stars

Furlong's shady background will affect the success of his upcoming film, the longaffect their audience or not is sketchy. Downey brought rave reviews and higher ratings to "Ally McBeal," and it is doubtful



arrested again

findings of drug use connected to already-made stars, such as Judy Garland, have not awaited "Terminator 3." Furthermore such lifestyles have made legends out of stars like Phoenix and Farley, and the

affected their legend-status.

"We go to the movies to see people's acting," said senior Matt Nelson. "It's disgusting, but we don't care about their personal lives, as long as they're entertaining."

#### tun and new graphics out in May. stem has a speed of 400

One games are compatible

By Mike

laystation2

promises

0700

The stores crowded with many people, the long lines, and the near empty shelves as a flood of shoppers running through the stores for the most popular items for the holiday season. Like many items this year, the with a central processing unit. However, many places sell the system from \$455 up to \$899 online due to its low supply.

Playstation Two is increasingly popular for with it.

The system is also capable of working like a...

new Sony video game system, Playstation Two, is becoming

Playstation Two has a speed of 300 megahertz, and can also play compact discs and DVDs. Another unique feature to the new system is that the Playstation many reasons.
"I think it's [becoming popular] because it's the new craze, the best of the best [right now]," said

Many students, though, Junior Andy Politano plays with a Gameboy

are still hoping to get the new system despite its ever high

Lacsamana, who is hoping to get a Playstation Two. demand.
"[It has good]
games and its also a
DVD player" said
freshman Vincent tight. "The graphics are

However, many people are waiting for a newer Nintendo system, Game Cube, scheduled to come

megaheriz and is meant purely for games. Game Cube will not be able to play DVDs or compact discs like Playstation Two.

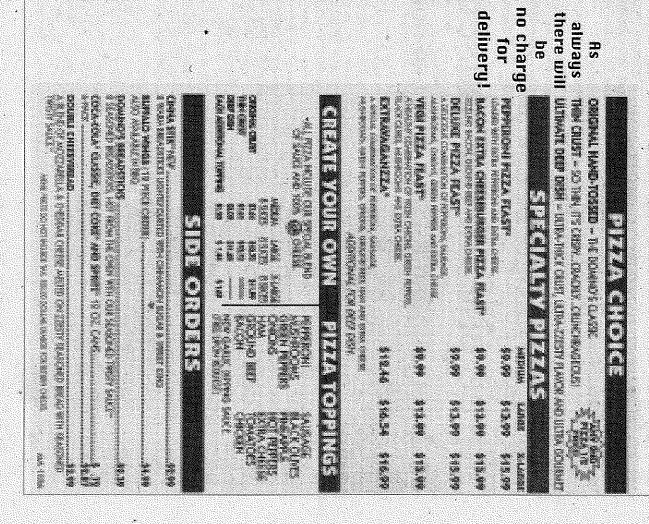
Nintendo also views Playstation Two as doing badly in the gaming industry because Sony has been able to sell a relatively small number of Playstation Two games since the system came out five months

"Save your money for Game Cube; it's better and it has more speed and better graphics," said Donlin.

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#### Doing time ŤO. others

By Jenn Carlson
Viewpoint Assistant

Volunteers get a special feeling that only

to be addicting.
'I felt really It is a feeling mixed with satisfaction, confidence and a sense that someone in need has been helped by that person's efforts. Volunteers have found this feeling

"I felt really good after working with the kids at Eddie's Club," said sophomore Alex Grillo.

Organizations such as Eddie's Club has attracted many people willing to help special needs kids over its four year life span. Eddie's Club meets on select Sunday afternoons and offers activities such as basketball, other sports, game rooms, computer labs and arts and crafts. Each volunteer is paired up with one of the 200 special needs kids who attend Eddie's Club and that volunteers works and plays with the child. This one-on-one basis gives the kids self-esteem, a sense of belonging with

volunteering information

Miriam's Kitchen is also an organization established for the well being of others. The Kitchen does not only feed the homeless but it runs several other services such as Miriam's Closet, which provides clothing every Tuesday and Thursday morning. An outreach program also run by volunteers and sends workers out to find homeless people on the streets



United Way helps serve the

that are in need of the breakfast and invite

offering financial assistance in emergency situations. Volunteers are always needed for sorting donations, laundering dirty clothes, transporting food for the Meals-On-Wheels service or interviewing new clients. For more information, visit www.needsyou.org/echo.htm.

There are many different organizations out there in need of volunteers. Visit Washington Needs You at their website www.needsyou.org/commun.htm#a for a complete listing of community services to volunteer for. tips on how to help out homeless on your own, visit www.miriamskitchen.org.

Another helpful organization in need of volunteers is Ecumenical Community Helping Others (ECHO). Volunteers help needy people in the community by distributing donated clothes, food, and

their peers, a way to learn communication skills and experience a long-term friendship. Visit www.eddiesclub.org for

#### oo on a 1000 Snow Things r0

10) Measure how deep the snow is.9) Start a snowball fight with your friends8) Watch cartoons and catch up on soap

sledding moves. operas. 7) Impress your crush with your hot

and make snow angels.
5) Make snow: 6) Sleep in after 12p.m. and then go out Make snow ice cream shakes (beware

house. Q f yellow or brown snow). Dig tunnels in the snow to your friend's

Share hot cocoa with your crush by the

2) Warm your mittens in the microwave and your buns in the oven.

1) Make prant shows the oven.

1) Make prank phone calls to people claiming you're the abominable snowman.

-Compiled by Jenee Lauren Sheffield Eilermann &

### Froup Work adds more helping hands

By Laura Robinson News Editor

This is the season of giving and many charities and civil service groups in our area are looking for volunteers:

People for the Ethical Treatment of Animals (PETA)-PETA sets out to stop animal testing, animal abuse and the sale of leather and furs. To join PETA's Activist Network, go to www.peta.org/cmp/actjoin.html

Once you become a member, you, will be informed of upcoming events in this region. For further information, call 757-622-PETA.

Amnesty International- The goal of this organization is to protect human rights worldwide. They are anti-death penalty, and work for fair trials worldwide and to free prisoners of conscience. Becoming a member involves a 15 dollar fee and you can join by calling 1-800-AMNESTY or registering at https://ssl.charityweb.net/amnestyusa/

Red Cross- The Red Cross provides medical and disaster relief to people worldwide. The nearest chapter is located in the District of Columbia at 2131 K Street NW. The website is www.redcross.org/dc/ncc. To receive a volunteer application form, call (202) 728-6431 or contact the DC chapter at (202) 728-6401.

Salvation Army- This international Christian association sets out to help those in need. Their national

headquarters are in Alexandria and representatives can be contacted by calling (703) 684-5500. The website for our region is www.salvationarmysouth.org.

American Civil Liberties Union (ACLU) - The ACLU intends to "protect the civil liberties of all Americans" and anyone can become a card-carrying member by filling out their online questionnaire and giving 20 dollars. Their website is www.aclu.org.

Habitat for Humanity-This

nearest chapters are in Arlington (703) 521-9890 and the District (202) 610-2355. nationwide website is www.habitat.org and the two houses for those in group brings families and communities together by building houses for those in need. The

To find the perfect volunteering job for you, go to www.volunteermatch.org. Put in the type of work you'd like to be doing and how far you're willing to travel and you will be given over 1000 choices.

#### Student realizes museums aren't so boring Inree cheers ĦOr. museums

By Jen Schonberger Features Editor

something you love. A meat dish that grandma used to make, a book you had to read, or place you something you used to hate all of a sudden turns into funny тож

mom ordered me to the museum and I would kick and scream all the way there. The person who understood how I felt was my dad—he had drive us.

Mother was not had to read, or place you didn't like to go.

For me it was going to the museum almost every Sunday. Ever since I was 7 my mother dragged me downtown. On Sundays

museum would do. As long as I would get my "cultural experience" in one of the eight Smithsonian galleries. One Sunday it was the Giant Squid. Another Sunday it was the airplanes that flew in World War II and yet another Sunday it was the National Archives. Why line to see a yellowing piece of paper under glass called The Declaration of would an 8-year-old be interested in standing in

got worse. The local museums were not enough. I had to go out of the country to go to the museum! I went to France. Independence?
In summer summer of 1997 I turned 13, things

Impressionists paintings by Claude Monet, Edward Manet and Auguste Renoir. The colors were vibrant and the scenes were sunny. I houses the I saw the Louvre Mussee D'Orsay, (the began to tolerate the museums I had once in Paris) which various and e old

decided that Yan Gogh was my favorite artist and he still is. He's my mom's, too After I returned, I was strolling through Old Town experience I enjoyed.
Perhaps my mom did have
a good idea. After that I After visiting France, we went to the Van Gogh Museum in Amsterdam. That was the first museum

as masterpieces.

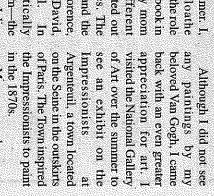
Later that year, I learned that the National Gallery of Art in DC was going to

Art in DC was going to showcase Van Gogh. For the first time I wanted to go. After my new tolerance



were wonderium.
Tuscany I practically stayed in a museum—the summer villa of Pope Julius II. I saw the Pope's bedroom, which contained artifacts that the proprietor museums and pointed out different art pieces. The Vatican in Rome, and the Uffizi Gallery in Florence, with its statue of David, were wonderful. In museums, assumed the role of tour guide. With book in hand I dragged my mom and dad to different

have



special place in my heart.
In a museum I find beauty
and peace; where I feel a
presence between mom and
me.



to Italy in the summer. I who used to loathe



# fournalism Award Judge Lewis Mornis

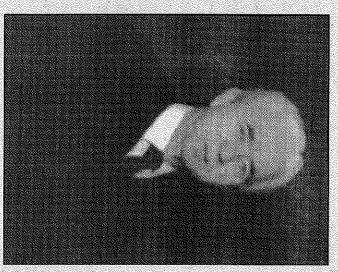
words. Submissions must be received by February 15, nonfiction composition not exceeding eight hundred field High School are eligible to submit one original of high school journalism. All students of West Springmemory to recognize scholastic achievement in the field Morris announces the establishment of an award in his 2001 and should be mailed to: The family of Fairfax Circuit Court Judge Lewis

The Judge Morris Journalism Award Alexandria, Virginia 22302 P.O. Box 3582

Each submission shall include the author's full

was composed by the student. name, grade level and signature certifying the entry

Oracle, at which time the awards will be distributed position is deemed superior in content, relevance and grammatical accuracy. five dollars each. Four entries will receive honorable mention designation and an award of seventy-An award of three hundred dollars will be made to the student whose com-Recipients will be announced in the March 2001 issue of the



### down the rebuilding road Gymnastics team tumbles

Features Assistant By Jenn Carlson

For the gymnastics team, 2001 looks like a promising year, and for returning members, nothing

last year. The team consists of about the same number of members, and that is the flaw in the team that will block the gymnasts from the level of Gymnastics, for two hours a day, so that it can attend the same competitions the team went to nas really changed.

The team will be preparing four days a week at Capital

success they hope to achieve.
"We're doing very well so far
this year, although the team is so
small," said assistant coach

Adrienne Caravan.

of the team members compete regularly. That means two girls will compete in each event while other schools will send four to six girls for the event. Although are not enough scores to threaten other teams' chances. The team's success is very similar to last scores have been very high, there Size is a disadvantage. Only six

year's

But the gymnastics team is not

senior co-captain Emily Smolen brought in a score of 9.5 on the beam. That is the highest score that can be achieved. Despite its small size, the team is working hard and representing WS at

There is something else that strikes some, specifically trikes some, specifically ophomore Mollie Randa, as

different from the past year.
"There are a lot of new people on the team, so we have lots of fun," said Randa.

The season is not over yet, but Caravan, who is new to the team



Senior Jennifer DiSouza has helped lead the depleted gymnastics team in a rebuilding year.

this year as assistant coach, is still recruiting new faces for next

"We're always looking for new people for next year," said Caravan.

# Spring teams use winter leagues to gear up for seasons

By Clint Crossier

Business/Systems Editor

weather, including snow and low temperatures. Also, because it During the winter, spring sports teams have a difficult time visibility can be poor and prevent

during the winter season, Winter track, which practices outdoors, has all of its races indoors at teams head indoors for pr team from practicing.

Many of the WS spring sports



The varsity and junior varsity lacrosse teams have begun playing in a winter league to get ready and stay in shape for the spring season

because I think I'd quit if I had to run in my short track shorts outside in the cold," said sophomore Brian Carter Winter track is an e

become a very uncomfortable the indoof facilities, ong haul of winter, and without to stay in shape

The boys lacrosse team has started playing in a winter lacrosse league. WS fields two teams in the league. The two teams play their games on Sundays in the fieldhouse at

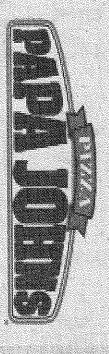
South Run recreational center.
"I enjoy playing in the winter

skills and stay in shape all year long," said junior James Chapman league with the lacrosse team because it helps me practice my

baseball teams take batting practice and participate in sessions at Northern Virginia Baseball Academy in Springfield. The sessions are centered on Chapman
The varsity and junior varsity

The varsity and junior varsity skills to help pitchers,

players who need to constant practice their sport to keep up a competetive level. The indoor practices during the inter are especially good for



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#### Wrestling tean hopes to keep 5 good season

#### By Watt Kaitz Staff Assistant

"Go Hard or Go Home" is the wrestling team's motto, and going hard they are.

Beginning the season 2-1, with wins over Fairfax and Washington and Lee and its only loss to Oakton, the wrestling team has

"I think that we are going to have a pretty successful team this year," said junior Edward Gattis. "We have very motivating captains and great underclassmen wrestlers this year, and I think we could be one of the best teams in the district."

In its first tournament this year,

WS placed 15th out of 32 teams in the 2000 NOVA Classic.. Although none of the wrestlers finished in the top four, the wrestlers still had high hopes for

some of the guys on the team were a little down," said junior Dan Ing. "But with the Statesman Invitational coming up soon after, we believed we could bounce back and show people what we could really do."

And bounce back they did. "After the NOVA Classic

WS placed first in the Statesman Invitational, defeating Marshall and Chantilly by more than 40 points. Sophomore David Gitlin and senior Brian McLain led the

team, placing first in their respective weight classes. Seven other wrestlers also finished in the top four in their weight classes.

The next challenge for the wrestling team was the Cavalier Invitational, which took place on December 27 and 28. WS placed second among seven other teams

in the tournament.
"I think that the Statesman Invitational was a big step for us," said senior Pack Landfair, who is being recruited by Division I schools. "The win gave us muchneeded motivation and gave us momentum going into the Cavalier Invitational I think this could turn out to be a great momentum going Cavalier Invitational I could turn out to b season"



Senior Charlie Sciarini and sophomore David Gitlin wrestle. The wrestling team currently has a record of 2-1.

#### team after The lish teacher coaches swim a family of records

By Laura Robinson

hat talented family remains avolved as a member of the The Bell family made its mark on WS and one member of

English teacher Malia Bell

having \*She getting better and encourages fun Over

-Enily Ryan

gs were very ters during their

successful swimmers during their high school careers.
"My sister and my brother both have records here Missy's said English teacher Malia Bell "We all started swimming record was in 1997, Dave's in 1994, and mine was in 1991," "We all started swimming summer league in 1980 and fijust

University of Tennessee and her brother Dave set his own record at the University of Miami in the 200-meter relay. Bell went on to swim at James Madison took off from there."

Bell's sister went on to set swimming records at the

University wit toward a Back



English teacher and swim coace Mail Bell sits at her desk. She and her family have set past swim records at WS

English She later Master's in Engli Mason University She later received her in English at George

previously an assistant coach under Gerry Panonni.

Teaching and coaching the same students provides Bell with She now teaches English and is the head coach of the swim and dive team. Last year was her first dive team. Last year was her first year as head coach but she was

the opportunity to see students in a different light.

"H's good to teach and then coach the same students. You see a different side of them. Seeing

students excel in something besides schoolwork and passing

on swimming as a sport are my two favorite parts of coaching."

Students who have been coached by Bell recognize her commitment.
"She encourages getting better

and having fun over winning," said sophomore Emily Ryan. "But of course she wants us to

win, too"

Bell admits to the fact that

-----ching necessitates hard work coaching neces and flexibility.

to be able to switch goars a comes your way. It's important to be able to switch gears and prepared for "To be a good coach, you have to be organized and be anything that

echniques and pass She uses her experience to teach students the best on the

of swimming
"Coach Bell makes sure
we'te dedicated and makes us
work hard," said junior Meghan
Horan, "But she's fun and we
reap the benefits."

#### heerleaders look forward 0

#### By Theresa Rupp Managing Editor

that they are going to the Virginia state competition. For the first time in WS history, the varsity cheerleaders made it to the second round in their regional's and are now off to Richmond, on March 24, to represent the school against They cheer, they flip, and they've worked so hard this year

next big step was doing it all over at regionals. WS received third place once again, with Chantilly getting first place, and McLean taking second. This third-place place in district's, just behind Hayfield, who got first, and Robinson, who took second. The The cheerleaders won third

> to its coach, marketing teacher Kristen Kidwell. înish meant a lot to the team,

senior cheerleader Jaime Sawyer.
"No matter what happens there, our goal of doing our best has already been met."

The varsity team of 20 girls consists of seven returning to Richmond is "Just the fact that we are going The team practices every Monday and Thursday from 4 to 6 p.m., and they cheer at the games on Tucsday and Friday

motivators for the team

the routines and push every girl to do her best. We are the main

work than people realize," sa Hammond. "We have to make

consists of seven returning seniors. Two more girls, senior Julie Guilmain and sophomore Katie Bell, have been added to the are they especially looking forward to the upcoming events. "Being a captain is a lot more Allie Clark and Kelly Hammond are the captains for the squad, and team for the basketball season, but will not be competing in Richmond with the team. Seniors

"At practice Kidwell makes sure we work hard and stay on task," says Sawyer. "She critiques our routine and tells us what we

should do differently

look really good. Our big goal is to make sure we are all in sync and our motions are tight."

One way to support the varsity cheerleaders is to come to the basketball games, but an even better way would be to take a trip

Water'," Lazisky. said senior Ryan

leams use

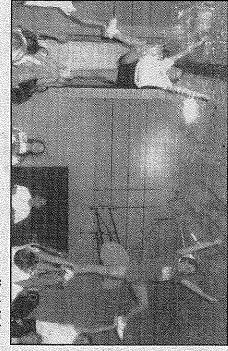
pre-game

So far this superstition has worked, because the boys basketball team is off to its best

going out to eat at Outback Steakhouse before games. their own. One of them includes

"We go out to eat at Outback." said semior Meghan Ogilvie, "and then before we come out of the locker room we do team cheers before every game. I'm not sure that it helps us win, but it's

#### State competition



The cheerleading team practices in the gym. The team earned third place in the districts with Hayfield winning first place.

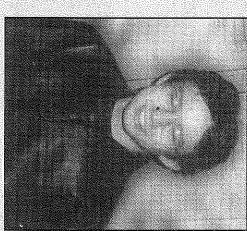
down to Richmond to see them Guilmain. "I will not be

compete.
"Getting a lot of support really pumps us up to do our best," says Guilmain. "I will not be competing with the girls, but I am an alternate and I sure am going to be there cheering them on."

locker room and gives his boys a pep talk, but some think that is not and it helps our team Embrey goes in the Before ္ပ Gary

success.
"Coach the real reason for their

coach Embrey gives us good pep talks before meets," said senior reason that we win is Dan Pallister.



Junior Edward Gattis and the the other wrestlers listen to 'Rocky' music.

#### By Joey Tinsley Staff Assistant

Throughout the course of a season some teams develop team

the team for the rest of the season. Part of the reason that teams do this is because it gets them in a efore the games they These team rituals stick with

etter.

The boys basketball team is a

rituals for good luck team of many rituals. Before their games team members listen to the coach and then they get pumped by listening to the Wu-Tang Clan in the locker room. Finally, just before warm-ups, they are led in a song performed by two of the junior varsity by two of the junior varsity players. This started at the VCU

team camp over the summer, which the Spartans won.

"Right before we run in, Marshal [Ausberry] and Josh [Wilson] sing 'Wade in the

start in quite a few years
But the boys are not a are not a alone in

creating team rituals. The La Spartans have a few rituals The Lady



# Learning extends beyond the classroom

By Angela Fiorino Editor

Every year the American Civilization classes take a trip to historical Philadelphia to take a peek at America's past.

This year, two charter busses packed full of juniors accompanied by Civ teachers, Faye Bousel and Laurie Fischer along with several chaperones, rolled out of WS on the morning of November 17 headed towards America's first capital.

After arriving at a visitor's center and becoming familiar with our ground, the classes split up into several different

groups.

Each group was led by a tour guide dressed up as a figure from the past. These guides mapped out the heart of the city where all the historical sites were, stopping us at all the significant places.

first printing stores, the booths where the guards would sit at night while they watched over the town, old buildings where important meetings took place, the actual house where the Continental Congress met which made decisions that made America what it is today.

We also visited the Liberty Bell right before we stopped for a lunch of Philly cheesesteaks at the Borse, a large office building with a miniature mall and food court on the bottom floors. After lunch we stopped at the Rodin museum and visited his sculptures and then finished our day with the best part of all, The Philadelphia Museum of Art.

"The art museum was definitely my favorite part," said junior Katelyn Murdock. "The whole trip was great. It was really worth going."

#### 100

9) Look at your parking spot everyday to make sure there are

no dead leaves in it.

4) Buy a salad instead of three cookies for a dollar.

3) Figure out why certain classrooms are colder than others

2) Recycle all the papers from first semester but make sure you put them in the right trash bin.

Compiled by Theresa Rupp and Caitlin Marvin Do your homework

Such places consisted of one of America's first printing stores, the booths where the

New Year's Resolutions of 2001

10) Actually stay silent during the "moment."

8) Do everything you can do to help keep the bathrooms

clean.

7) Be the only person in the talent show with talent. 6) Go to a crew regatta and cheer the "lost" athletes on

5) Actually read the Oracle, don't just look at the pictures

#### S

What's going on with extracurricular activities?

By Jen Berne Weekend Assistant

The Future Business Leaders of America have been busy with its Project "Ask" collects coloring books, crayons, and items like travel games to give to children in the hospital. After school, members compete in a stock market game. This game involves choosing stocks and waiting to see how well each one does in the market. Every so often they check to see whose stock has done the best and the winner receives a cash prize.

"I enjoy getting involved with a club and having the ability to help people, especially with project Ask," said jumior Emily Finerfrock.

The French Club hosted its third cafe on January 11 in room 273. Members served crepes, croissants, and hot chocolate. Toward the end of the month, they plan to watch the movie "La Haine" after school. "One of our best fund raisers is the cafe. People really enjoy the music and the food," said sophomore Emily Mishoe.

DECA was busy collecting items for ECHO over the holidays. Members collected such items as canned goods, clothing, toys and games. This month, DECA will hold its monthly chapter meeting and prepare for the district competition, which will be February 1.

"Helping families in need can bring you such a joy especially during the holidays," said senior Christine Cantu.

The Key Club has stayed consistent in helping with this year's citrus sale. Members also raised money for the Salvation Army, and picked up trash off Old Keene Mill Road.

"Key Club provides me with the opportunity to help the community and people in need," said freshman David Hebda.

The Science Honor Society offers tutoring to any sistance in a science class.

assista.
This year This year members want to start a scholarship program for science students, and there are a few speaker meetings planned for the upcoming

months.

"Ms. Noun is a big help. She has been in charge of Science Honor Society for years now and she really knows what she is doing," said senior Laura Cole.

The Kevettes go to Keene Mill Elementary School every weekend to spend time with mentally challenged and learning disabled children. They've heard a few speakers, including one woman whose child developed Shaking Babies Syndrome from an abusive baby-sitter. "Keyettes is fun and it is a good way to get involved in the community," said junior Kirby Bevis.

National Honor Society inducted its new members earlier this month. They plan to participate in several community service projects for the remainder of the year.

#### Martin Luther King Jr. Day No School Monday 15 Tuesday 16 JV Wrestling ( Chantilly 5 Wednesday 17 Boys Bball v. TC-4:30, 6, 7:45 Girls Bball @ TC-4:30, 6, 7:45 Thursday 25 100 Boys Bball @ 12 Hayfield-4, 5:45, 7:30 Girls Bball v. Hayfield-4. 5:45. 7:30 Inaguaration No School Holiday Friday 12 26 19 Wrestling-Stafford Duals @ Stafford Congrats Shrub! Indoor Track Episcopal-7:30 Inaguaration Saturday

Community of Caring-

Spartan Hall Guitar Club

Boys Bball @ W Pot-4, 5:45, 7:30 Girls Bball v. W Pot-4, 5:45, 7:30

Candy Sale

Teacher

Norkdays

29

30

Wrestling v. Rob.-6, 7:30

31

February

Boys Bball @ Ann.-4:30, 5:45, 7

Swim/Dive Patriot Dist @ Lee Dist.

JV Wresting @ W Pot-9

DECA district

Nurse Appreciation Day

Guitar Coffee House 3:30-8:30

Swim/Dive @ Mt. Vernon-6:30

SATs (not at WS)

Track VA Tech Invit

Var wrestling @

Langley-

Gymnastics @ Louden Valley-7

24

No School
Canada Ski Trip Ends

competition @ Springfield Mall

Virginia Litter

Girls Bball v. Ann.-4:30, 5:45, 7 acy Testing

Boys Bball v. Hayfield-4, 5:45, 7

7:30

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Girls Bball @ Hayfield-4, 5:45, 7:30

Boys Dive Regionals @ Oak Marr

Girls Dive Regionals @ Oak Marr

Regional Swim @
Oak Marr

Wrestling Patriot Dist.

Valetines Loligrams Class of 2002